

LUNCH MENU

TO START

MARINATED OLIVES / 6

Roasted garlic, Peruvian peppers
GF / ♻️ Eat Well

SPICED CHICKEN SATAYS / 19

Peanut glaze, QP mayo, crispy shallots, cantaloupe slaw GF / DF

WILD MUSHROOM SOUP / 12

Haloumi cheese, crispy bits GF

YELLOWFIN TUNA TARTARE / 19

Belgian endive, crisp taro root, black garlic aioli
GF / DF / ♻️ Eat Well / 🌊

ANCIENT GRAIN SALAD / 18

Quinoa, black barley, hemp seeds, puffed wild rice, blueberries, arugula, pumpkin seeds, heirloom tomato, aged gouda, ginger + Kombucha vinaigrette ♻️ Eat Well

ROMAINE SALAD / 14

Crispy bacon, herb croutons, Grana Padano cheese, cherry tomato, watermelon radish, Caesar dressing

GREEN SALAD / 13

Organic greens, grape tomato, cucumber, watermelon radish, pumpkin seeds, ginger and Kombucha vinaigrette GF / DF / ♻️ Eat Well

— ADD TO YOUR SALAD —

Roasted Salmon, 5oz / 10 🌊
Grilled Organic Chicken Breast, 7oz / 9
Garlic Prawns, 4 / 9 🌊

HANDHELDS

CHEESE BURGER / 24

Cambridge Ontario ground prime rib, cheddar, onions, lettuce, pickles, vine-ripened tomatoes, Russian dressing, Brioche bun
Substitute the Beyond Burger, 100% plant based

FOCACCIA TURKEY CLUB / 22

Organic turkey, crispy bacon, avocado, lettuce, tomato, Chipotle mayo

FISH TACOS / 20

Pacific Halibut, guacamole, cabbage slaw, queso fresco, chili bean aioli, corn tortillas GF / 🌊

All served with fries, green or Caesar salad

ENTREES

STEAK FRITES / 34

Cambridge Ontario 8oz striploin, King Oyster mushrooms, frites, red wine jus
GF

WESTIN WELLNESS BOWL / 20

Brown rice, black beans, avocado, greens, pico de gallo, edamame, charred corn, Peruvian pepper emulsion
GF / DF / V / ♻️ Eat Well

— ADD TO YOUR BOWL —

Roasted Salmon, 5oz / 10 🌊
Grilled Organic Chicken Breast, 7oz / 9
Garlic Prawns, 4 / 9 🌊

ROASTED CAPE D'OR SALMON / 31

Black pepper glaze, brown rice and kimchi pilaf, baby bok choy, miso dressing
Substitute roasted 7oz organic chicken breast
GF / DF / ♻️ Eat Well / 🌊

LAMB MEATBALLS / 24

Hedgerow farm lamb, smoked tomato sauce, feta, cilantro, house focaccia, green salad

TONNARELLI PRIMAVERA / 20

Tonnarelli pasta, basil pesto, heirloom tomato, asparagus, Grana Padano

BAKED 5 CHEESE MAC + CHEESE / 19

Toronto's best 5 cheese blend, herb bread crumbs, green salad

ADD-ONS

House focaccia, extra virgin olive oil, balsamic / 6
Mini mac + cheese / 8
Side of daily vegetables / 7 GF / DF
Parmesan truffle fries + caper mayo / 8 GF
Kettle chips, applewood BBQ spice / 8 GF / DF

DESSERTS

CARAMELIZED BUTTERSCOTCH POT DE CRÈME, WHIP CREAM, HAWAIIAN BLACK SALT / 12

MILLE-FEUILLE, DULCE DE LECHE, PASSIONFRUIT / 12

CHEF'S DAILY SELECTION OF HOUSE-MADE ICE CREAM / 8 GF

FRESH FRUIT AND BERRY BOWL / 7 GF / DF / ♻️ Eat Well