

BREAKFAST MENU

...morning....morning.....**GOOD MORNING at the Grille** morning....morning....

Grille Favourites

Armouries Grille Classic / \$14

2 eggs any style, toast, home fries or fruit cup,
choice of bacon, sausage, ham or back bacon

Steak & Eggs / \$17

5oz flat iron steak, 2 eggs any style, toast, choice of home
fries or fruit cup

Breakfast Wrap / \$17

2 eggs scrambled, bacon & cheddar cheese wrapped in a
warm tortilla with your choice of home fries or fruit cup

Western Sandwich / \$14

2 egg omelette with ham, bell peppers, cheese & onions,
served on white or whole wheat toast with your choice of
home fries or fruit cup

Healthy Canadian / \$13

2 poached eggs, fresh fruit cup, greek yogurt, toast

Continental / \$9

2 croissants, greek yogurt, mixed fruit and berries

Avocado Toast / \$13

Rye toast with smashed guacamole, heirloom
grape tomato chutney and crisp arugula

Add one egg any way /\$2.50

Make into a benny / \$5.50

Eggs Benedict

Classic Benny / \$16

2 poached eggs on English muffins,
grilled back bacon, hollandaise sauce

Eggs Florentine / \$16

2 poached eggs on English muffins, Swiss cheese,
sautéed spinach, hollandaise sauce

Mushroom Melt / \$16

2 poached eggs on English muffins, sautéed mushrooms,
melted brie, hollandaise sauce

Smoked Salmon & Eggs / \$16

2 poached eggs on English muffin, smoked salmon,
hollandaise sauce

All Benedict's are served with your choice of
home fries or fresh fruit cup

Juice /\$3 Freshly Squeezed OJ /\$ 6.50 Soft Drink /\$2.50 Coffee or Tea / \$2.50 Hot Chocolate / \$3

Smoked Salmon Bagel / \$13

Toasted bagel sandwich with caper cream cheese,
smoked salmon, onions & mixed greens,
choice of home fries or fruit cup

Buttermilk Pancakes / \$10

3 fluffy pancakes served with warm syrup
Add blueberries or strawberries / \$2

French Toast / \$10

Cinnamon french toast served with warm syrup

Waffles / \$14

Waffles served with warm syrup,
fresh strawberries & whip cream

Oatmeal / \$10

Hot and made fresh served with warm syrup
Add cinnamon apples / \$2

Healthy Start / \$13

Plain low-fat yogurt topped with home-style
toasted granola, drizzled honey and fresh berries

Armouries Omelettes

Meat Lovers / \$16

Bacon, sausage and ham

Western / \$16

Ham, bell peppers, cheddar cheese and onions

Vegetarian / \$16

Diced tomatoes, mushrooms, onions, and bell peppers

Cheese / \$16

Swiss cheese, cheddar cheese and feta cheese

All Omelettes are served with toast and choice of
home fries or fresh fruit cup

Breakfast Sides

One egg / \$2.50

Bacon, sausage, ham or back bacon /\$4

Bagel /\$2 with cream cheese /\$3

Home fries / \$4

Individual cold cereals /\$3

Toast (2), croissants (2) or muffin /\$2.50

"Our kitchen is your kitchen"

Armouries Grille Restaurant / 325 Dundas St., London, Ont. N6B1T9 / 519-840-5030