

Health Club



Joining our Health Club will help you relax after a stressful day in a friendly and comfortable atmosphere where you can enjoy State-of-Art equipment and Sauna.

Health Club is open daily from 7 am to 11 pm.



At Tbilisi Marriott Health Club you can enjoy the following equipment:

Strength Equipment:

1. Lat pulldown
2. Overhead press
3. Phone leg curl
4. Abdominal
5. Leg extension
6. Leg press
7. Vertical chest
8. Compound row

Cardio Equipment:

1. Run Track
 2. Stepper
 3. Elliptical trainer
 4. Recumbent Bike
 5. Upright bike
 6. Indoor rower
- Different Weights starting form 2.5 kg
Medicine scales in the lockers

Health Club



You can have a daily entrance for 30 GEL or you can save money in case you sign up for:

	INDIVIDUAL	Massage Benefits
One Month	GEL 180	-
Three Months	GEL 500	10% discount on each massage
Six Months	GEL 950	1 free massage
One Year	GEL 1700	1 free massage and 10% discount on each massage

Your spouses can have the opportunity of getting fit with 10 % discount.

Experience a relaxing, therapeutic, pain relieving, refreshing massage with a bioenergetic charge. There is no necessity of being a health club member. Our expert Masseuse is available daily by appointment from 8:00 am to 22:00 pm.

General (Full Body) Massage is only 75 Gel.*

Please call the Health Club for an appointment and for more information.

*All prices are quoted in Georgian Lari and are subject to 18 % VAT.