



PERFORM AT YOUR **PEAK** WHEN YOU STAY WITH US.

Our fitness center now features Precor® strength equipment and an array of cardio machines each with individual LCD televisions.

8 Precor (model 965i) treadmills with individual "Cardio Theatre"

4 Precor (model 576i) elliptical cross trainers with individual "Cardio Theatre"

1 Precor (model 846i) recumbent bike with individual "Cardio Theatre"

1 Precor (model 846i) stationary bike with individual "Cardio Theatre"

PRECOR STRENGTH STATIONS

Legs
Pull Down
Chest
Leg Curl
Shoulder Press

OTHER EQUIPMENT & AMENITIES

Precor individual dumbbells from
5 lbs to 50 lbs + free standing bench
Medicine training balls from 4 lbs to 12 lbs
Two stretching mats
Chilled towels

OPEN 24/7 WITH GUEST ROOM KEY ACCESS.

BRIDGEWATER MARRIOTT
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