

Create your own combination

- **Lavender:** Relaxation, insomnia, sensitive skin, burns.
- **Palma Rosa:** Harmony, helps clearing ideas, drives away bad thoughts, nervousness or insecurity.
- **Mint:** Increases mental acuity by 28%, stimulates concentration, precision, control and helps focusing better.
- **Lemon:** Inspiration, concentration, improves the immune system, serves as an environment bactericide.
- **Bergamot:** Drops of happiness, stimulates, balances fear, calms anxiety and helps when mourning.
- **Eucalyptus:** Helps clearing the airways and helps with colds, it also eliminates bacteria from the environment.
- **Neroli:** Aphrodisiac, romantic and dreamer, decreases nervousness and helps to decontract and minimize muscle pains.
- **Jasmine:** Aphrodisiac, increases passion, ideal for creating a romantic atmosphere.
- **Orange:** Its citrus and sedative scent helps to eliminate the feeling of sadness and also helps to relax states of anxiety.
- **Geranium:** Evokes feelings of tranquility, balances emotions and eliminates negative thoughts.



SCENTS MENU FOR  
*Aromatherapy*

## Strength and joy

### Cedar wood + Tangerine

Provides security and helps make positive decisions with optimism.

## Forest breeze

### Cedar Wood + Eucalyptus + Rosemary

Pleasant freshness that will transport you into a lush forest which will help you breathe better.

## Inspiration and connection

### Lemon + Mint / Lemon + Mint + Palmarosa

Exploit your potential and concentrate fully on everything you need. Increase your control, precision and focus.

## Citrus Symphony

### Tangerinè + Bergamot + Orange

Spectacular fragrance that lifts up your spirit and invites you to live fully.

## Ciao Anguish

### Tangerine + Bergamot + Lavender

Comforting scent for those days when the world looks gray.

## S.O.S Insomnia

### Tangerine + Lavender

Relaxing scent that helps you fall asleep and improves good sleep.

## Creativity

### Lemon + Neroli + Romero

Promotes your ingenuity, originality, capacity for innovation and vision.

## Tranquility

### Lavender + Orange + Palmarosa

Helps maintain calm and serenity without stress or anxiety.

## Reanimates

### Bergamot + Lemon + Mint

Wake up and lift your spirit with this fresh and revitalizing combination.

## Courage

### Orange + Lavender + Neroli

Power your most daring side and increase your self esteem.

## Happiness

### Bergamot + Lemon + Neroli

Feel cheerful, optimistic and happy.

## *Women's Special*

## Love

### Neroli + Palmarosa + Orange

Shows off your most feminine and flirty side.

## Passion

### Jasmine + Bergamot + Lemon

Sensual, sexy and intense.

## Female balance

### Geranium + lavender + Orange / Geranium + Palmarosa

For emotional discomfort and changing moods caused by pre-menstrual syndrome and menopause.