

WESTIN *WORKOUT*

Running Map by new balance



 3 mi

 5 mi

1 mi = 1.6 km

THE WESTIN PORTLAND HARBORVIEW
157 High Street,
Portland, ME, 04101
T 207 775 5411

3-MILE ROUTE

1. Turn left out of the hotel onto High Street.
2. Turn right onto Danforth Street.
3. Turn right on Vaughan St followed by an immediate left onto the Western Promenade. (1 mile)
4. Continue onto Bramhall St, passing Maine Medical Center.
5. Turn left on Deering Avenue.
6. Turn right on Park Avenue.
7. Turn right on Forest Avenue.
8. Turn right on Congress Street followed by a right onto High Street to end at the hotel.

5-MILE ROUTE

1. Turn right out of the hotel onto High Street.
2. Turn right on Marginal Way.
3. Turn left on Preble Street.
4. Continue onto the Back Cove Trail. (1 mile)
5. Go around Back Cove back to the start.
6. Continue onto Preble Street.
7. Turn right on Marginal Street.
8. Turn left on Forest Avenue.
9. Turn right onto Cumberland Avenue.
10. Turn left on High street to end at the hotel.

Disclaimer notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the hotel. The identified routes are on city public streets and ways. As the hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.