

# Facial Treatments

## BRIGHTENING

A facial apt for uneven skin tone, tan and pigmented skin. Displaying a skin wonderfully glowing with a smooth appearance.

90 MINUTES – INR 5750

## ANTI-AGING

An intense anti-aging facial treatment that corrects the signs of aging and protects your skin against the damaging effects of time.

90 MINUTES – INR 5750

## HYDRATION

A deeply hydrating facial to transform dull, dehydrated and sluggish skin to life and vitality. This facial will leave your skin looking soft, supple and deeply hydrated.

60 MINUTES – INR 4000

## SKIN ESCAPE FOR MEN

A facial especially for men with tanned, dehydrated skin. Your complexion emerges, deeply hydrated with an improved texture and refined pores.

60 MINUTES – INR 4000

## BALANCE

An ideal facial for combination skin. Balances the PH level of your skin and gives you a glow keeping it moisturized at the same time.

Displaying skin wonderfully balanced and smooth in appearance.

60 MINUTES – INR 4000

## PURIFYING

Reveal your complexion free of oiliness and clogged pores. Carefully selected marine extracts in light-textured, non-greasy formulations unite to ensure a matte complexion.

60 MINUTES – INR 4000

## EXPRESS FACIAL

The express cleansing is ideal for those always on the go as it treats the skin and provides a quick glowing face. The process includes basic cleansing, toning, exfoliating, applying a mask and finally moisturizing the skin.

30 MINUTES – INR 2500

### What should guest wear during treatment?

Guest will be provided with a disposable undergarment. You are required to wear this for your comfort. Our therapist will always use draping techniques to respect your privacy.

# Packages

## WISH

Surrender to the healing touch of massage. Followed by a scrub / wrap that elevates the mood.

Massage 60 minutes

Scrub / Wrap 30 minutes

90 MINUTES – INR 7500

## DESIRE

Pamper your skin, body and scalp with an uplifting massage, scrub and wrap treatments that help restore a sense of balance and well-being.

Massage 90 minutes

Scrub 30 minutes

Wrap 30 minutes

150 MINUTES – INR 9000

## EXPERIENCE

The massage is designed to smoothen the skin, relax the muscles while it renews and rejuvenates your skin and body. The wrap moisturises the skin and helps draw out impurities whereas the gentle exfoliating scrub helps the skin glow.

Massage 60 minutes

Scrub 30 minutes

Wrap 30 minutes

120 MINUTES – INR 7800

## DREAM

Make your dream come true! Pamper your skin and body by customizing your own treatments from an array of massages, scrubs, wraps and facials.

Massage 60 minutes

Skin-specific facial 60 minutes

Scrub / Wrap 30 minutes

150 MINUTES 10500

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GOVERNMENT TAXES TO BE LEVIED\*

heavenly  
BY WESTIN® spa

# Awaken Your Senses

# Massages

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## HEAVENLY SPA SIGNATURE MASSAGE

Our signature blend of white tea and aloe oil, combined with purpose-designed movements, stimulates the circulation and promotes deep relaxation, all whilst restoring the flow of energy or prana, leaves you feeling physically rested and mentally uplifted.

90 MINUTES – INR 5000 / 120 MINUTES – INR 6300

## DEEP TISSUE MASSAGE

Deep tissue massage therapy is similar to Swedish massage, but a deeper pressure is beneficial in releasing chronic muscle tension. Using slower and deeper techniques to work on muscle groups to release tension using a stronger and deeper approach.

60 MINUTES – INR 4000 / 90 MINUTES – INR 4800

## RELAX

Using a combination of massage strokes and classic Swedish movement techniques, along with a specially blended signature aromatherapy oil, this gentle massage is the perfect stress-release tonic to completely relax both body and mind.

60 MINUTES – INR 4000 / 90 MINUTES – INR 4800

## INVIGORATE

Drawing on an age-old healing practice of Balinese massage techniques, your therapist kneads your body with palm pressure to relieve tension and improve blood flow, in turn creating waves of muscle relief and relaxation.

60 MINUTES – INR 4000 / 90 MINUTES – INR 4800

## JET LAG RELIEVER

Relax yourself after a long, tiring journey with this jet lag relieving massage. The treatment begins with a firm, full body massage and allows us to concentrate on your areas of concerns to relieve any muscle stiffness or aches that may have emerged during the flight.

60 MINUTES – INR 4000 / 90 MINUTES – INR 4800

## THAI MASSAGE

An expert therapist uses time-honored techniques consisting of bodily movements and stretching postures which are matched to your needs and physical abilities.

60 MINUTES – INR 4000 / 90 MINUTES – INR 5000

## HOT STONE MASSAGE

A hot stone massage therapy helps you relax and ease tense muscles and damaged soft tissues throughout your body. Smooth, flat, heated basalt stones placed on specific parts of your body help melt away knots, tension and stress. The heat of the stones improve blood circulation leaving the muscles more relaxed.

90 MINUTES – INR 5750 / 120 MINUTES – INR 7000

## ABHYANGA MASSAGE

Inspired by ancient Ayurveda practices, Abhyanga is a form of massage that involves long massage strokes combined with herbal medicated oil which help relieve your aches and fatigue.

60 MINUTES – INR 4500 / 90 MINUTES – INR 5200

# Express Massages

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## BACK MASSAGE

An express massage that concentrates on back, neck and shoulders where stress lies. It helps relax the muscles in these areas thus providing relief for any aches that are present due to long hours of travel or sitting.

30 MINUTES – INR 2500

## MOROCCAN OIL HEAD MASSAGE

A wonderful relaxing massage targets to release tension from the most aggrieved muscles on head, neck and shoulders.

30 MINUTES – INR 2500

## FOOT REFLEXOLOGY

Experience holistic balance and deep relaxation. This ancient treatment provides physical and spiritual renewal with specific thumbs, fingers and hands techniques applied to various reflex points on the feet to stimulate corresponding organ groups in the body.

30 MINUTES – INR 2500

## EYE TREATMENT

Firm, tone and tighten to restore your youthful, healthy eyes with an express treatment that utilizes excellent eye products.

30 MINUTES – INR 2500

# Body Treatments

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## INDIAN HERBAL SCRUB

The whole body is vigorously massaged with a specially formulated combination of medicated herbal powders that help in reducing cellulite and increasing metabolism. Very effective for weight loss and achieving radiant skin.

45 MINUTES – INR 3500

## CHOCOLATE WRAP

This fat-free chocolate wrap will help to eliminate toxins and produce a slimming effect on the body. It also leaves your skin smooth and hydrated.

30 MINUTES – INR 3000

## MARINE BODY SCRUB & WRAP

This marine-based scrub benefits your skin by exfoliating and removing dead skin cells, eliminating toxins and revitalizing the skin leaving you with hydrated, smooth and lustrous results.

60 MINUTES – INR 5000

## GREEN TEA BODY SCRUB & WRAP

Providing a real makeover for your body, the green tea anti-inflammatory scrub helps reduce blemishes and scars whereas the wrap combines slimming and anti-aging properties. The skin is cleansed, nourished, moisturized and strengthened while removing impurities.

60 MINUTES – INR 5000