



Packaged by Mandara

Pure Indulgence

2 hrs 30 mins RM 515

Immerse yourself in the Spa experience with this indulgent treatment package. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage ~ Choice of Refresher Facial or Foot Massage.

Borneo Escape

1 hr 15 mins

With Mandara Massage

RM450

With any other 50-minute massage

RM265

Begin with a Floral Footbath, a symbolic cleanse to wash away the world and prepare you for total relaxation. Step into the steam shower – infused with a detoxifying concoction of aromatic oils, herbs and spices – and enjoy herbal tea and cookies as you take time out to relax. Finally, enjoy a blissfully relaxing and rejuvenating massage of your choice.

Harmony

2 hrs

RM430

A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath or Herbal Steam ~ Balinese Massage or Pure Nature Facial.

Energising

1 hr 45 mins

RM375

A revitalising combination to invigorate both body and mind. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Coffee Body Scrub ~ Muscle Ease Massage.

Spa Sampler

1 hr 20 mins

RM305

Experience more of the pleasure with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

Face of Mandara

Pure Nature Facial

50 mins

RM205

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's lifeforce to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve ~ a cleansing and rejuvenating facial for normal skin.

Renew ~ a fruit acid facial for treating environmentally damaged skin.

Enrich ~ a nourishing facial for dry or mature skin.

Body of Mandara

Mandara Massage

1 hr 20 mins

RM600

50 mins

RM375

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronisation of the two therapists makes this massage a sublime experience.

Balinese Massage

1 hr 20 mins

RM330

50 mins

RM205

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Warm Stone Massage

50 mins

RM240

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Muscle Ease Massage

50 mins

RM205

This deep tissue sports massage is an effective way to assist with muscle relaxation. It is designed to increase flexibility, relieve muscle tightness and improve circulation and recovery time.

Fancy Foot-work

50 mins

RM185

The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

More of Mandara

Spa Pedicure

1 hr 15 mins

RM105

Spa Manicure

1 hr

RM95

These deluxe treatments include an aromatherapy hand or foot soak, traditional nail care, cuticle stimulation, nail polish and a wonderfully relaxing hand and arm or lower leg massage. The Spa Pedicure also includes a rejuvenating foot mask.

Absolute Escapes

Divine Indulgence! Each day promises a blissful experience to rejuvenate body, mind and spirit. Choose from 2, 3 or 5 day programs that combine exotic and ancient traditions in health, beauty and relaxation. Make the most of your holiday time and return home feeling refreshed, rejuvenated and glowing with good health and vitality. For more information contact the Spa reception.

Gift Certificate

Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

Homecare & Gifts

Luxury skin and body care products along with beautiful gifts are available at our spa boutique.