

## Gym Membership Rates



Category	Duration	Rate (NGN)	Operational Hours	Extra Benefits
Individual	Daily	6,000 pp	24 hrs for In-House Guests 7.00am to 9.30pm for non-resident members	<ol style="list-style-type: none"> <li>1. Free access to pool, tennis court and jogging track.</li> <li>2. Free bottle of water and face towel per visit.</li> <li>3. Private trainers available.</li> <li>4. 15% off F&amp;B for members</li> </ol>
	Monthly	45,000 pp		
	12 Months	320,000 pp		
Couple (Married)	12 Months	450,000 per couple		
Groups (3 persons minimum)	12 Months	220,000 pp		

Visit our Fitness Center, Sheraton Lagos Hotel, 30, Mobolaji Bank Anthony Way, P.M.B 21189, Ikeja, Lagos. For registration, call 01-2800100 – 6844/6845