

R Activities

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ACTIVITIES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00	Hatha - Yoga	Fit Boxing	Hatha - Yoga	Bike Tour	Hatha - Yoga	Fit Boxing	Bike Tour
Venue	Uluwatu Deck	Fitness Center	Uluwatu Deck	Lobby	Uluwatu Deck	Fitness Center	Lobby
11.00	Aquarobic	Pottery Demo	Pool Game	Pottery Demo	Aquarobic	Pottery Demo	Pool Game
Venue	Main Pool	Clay Craft Studio	Main Pool	Clay Craft Studio	Main Pool	Clay Craft Studio	Main Pool
15.00	Ping Pong Competition	Balinese Experience	Bingo Game	Art Fruit Carving	Bingo Game	Art Leaf Weaving	Balinese Experience
Venue	Main Pool	Main Pool	Main Pool	Main Pool	Main Pool	Main Pool	Main Pool
17.30	Circuit Training	Vinyasa Yoga	Circuit Training	Vinyasa Yoga	Afternoon Game	Vinyasa Yoga	Mat Pilates
Venue	Fitness Center	Uluwatu Deck	Fitness Center	Uluwatu Deck	Main Pool	Uluwatu Deck	Uluwatu Deck



RENAISSANCE®
BALI ULUWATU RESORT & SPA

Jl. Pantai Balangan I no 1, Ungasan, Bali 80361 Indonesia
Phone Number: +62 361 2005 388

Other Fun & Healthy Activities

- Yoga
- Pilates
- Personal Trainer
- Bike Ride
- Day Spa / Wellness Program

NOTE:

- One Day booking is required
- Above activities are subject to change without prior notice

For more info please contact Spa Reception at ext 1073



RENAISSANCE®
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the Tree House

ACTIVITIES

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	I am an Artist	Water Splash day	Balinese Day	Nature Day	Sport Day	Adventure Day	Champion Day
9.30	Painting	Kid's Yoga	Balinese Dress Up	Gardening	Kid's Yoga	Morning Dance	Science
10.30	Art & Craft	Fun Water Balloon	Temple Tour	Juice Making	Bowling Competition	Hotel Tour	Music Class
11.30	Swimming	Swimming Contest	Balinese Dance	Swimming	Swimming Contest	Swimming	Dance Competitios
14.00	Face Painting	Water animal	Canang Making	Nature Painting	Hula Hoop Game	Clay Making	Afternoon Game
15.30	Clay Making	Pool Water Game	Learn Balinese	Picnic	Zumba Dance	Kite Painting & Flying	Swimming Time
17.00	Story Telling	Movie Time	Balinese Story	Movie Time	Movie Time	Story Telling	Movie Time

NOTE:

- Break at 12 noon
- Meals are available at additional cost
- Children under 4 years old should be accompanied with a guardian
- Please book in advance for the babysitter service

For more info please contact Recreation associate at ext 1078

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