

# FACT SHEET



## PROTEA HOTEL MOWBRAY

Liesbeek Avenue Off Liesbeek Parkway, Mowbray,  
Cape Town 7925, South Africa  
Tel: +27 (0) 21 442 5300  
Fax: +27 (0) 21 442 5301  
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### LOCATION

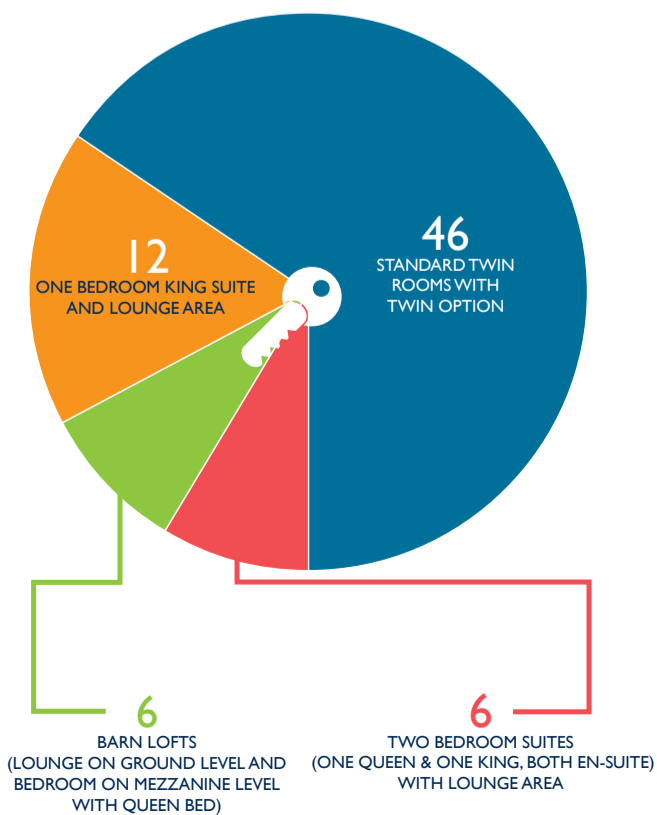


### DISTANCE FROM HOTEL

	2 KM N2 HIGHWAY ONRAMP
	4.5 KM RONDEBOSCH
	6 KM N1 HIGHWAY ONRAMP
	7 KM NEWLANDS
	8.4 KM CAPE TOWN CBD
	10 KM CENTURY CITY
	10.9 KM V&A WATERFRONT
	13.5 KM CAPE TOWN INTERNATIONAL AIRPORT
	18.2 KM GROOT CONSTANTIA LANDGOED ESTATE
	43.1 KM CAPE WINELANDS

### ROOMS

**70**  
BEDROOMS  
ALL WITH KITCHENETTE



### IN-ROOM FACILITIES

- FREE WiFi  
500MB PER DAY / PER ROOM
- EXECUTIVE WORK DESK
- ELECTRONIC SAFE
- SEPARATE BATH & SHOWER
- AIR CONDITIONED
- TEA & COFFEE MAKING-FACILITIES
- LCD FLAT SCREEN & DSTV
- KITCHENETTE
- FRIDGE

## HOTEL FACILITIES & SERVICES



24 HOUR SECURITY



24 HOUR RECEPTION



SECURE PARKING / UNDERCOVER



500MB PER DAY  
FREE WI-FI



CONFERENCING



SWIMMING POOL



BAR



LOUNGE



LAUNDRY

## FOOD & BEVERAGE SERVICE TIMES



**BREAKFAST**  
(07H00 – 10H30 WEEKENDS)

06H30

10H00



**LIGHT LUNCH**  
THE WILD FIG RESTAURANT

12H00

14H00



**À LA CARTE DINNER**  
THE WILD FIG RESTAURANT

19H00

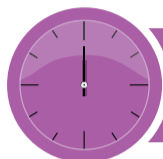
22H00



**ROOM SERVICE**  
THE WILD FIG RESTAURANT

12H00

22H00



BAR

12H00

22H00

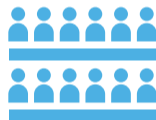
## BOARDROOMS & CONFERENCE ROOMS



**12**  
DELEGATES  
(BOARDROOM SEATING)



**15**  
DELEGATES  
(U-SHAPE SEATING)



**18**  
DELEGATES  
(SCHOOL ROOM OR CLASSROOM SEATING)



**32**  
DELEGATES  
(CINEMA SEATING)

THE RIVER CLUB CONFERENCE VENUE  
(OFF-SITE 800 M FROM THE HOTEL)



**350**  
DELEGATES  
(CINEMA SEATING)

## NEARBY ENTERTAINMENT



TABLE MOUNTAIN  
CANAL WALK SHOPPING CENTRE  
CAMPS BAY AND CLIFTON BEACHES  
V&A WATERFRONT  
CAVENDISH SQUARE  
CAPE TOWN INTERNATIONAL CONVENTION CENTRE  
NEWLANDS FOREST  
KIRSTENBOSCH NATIONAL BOTANICAL GARDEN  
RIVERCLUB GOLF RANGE

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