

SPA MENU

Le **MERIDIEN**
COLUMBUS, THE JOSEPH

SPA, REDEFINED

Ignite your senses with services in sensorial Spa Suites by Le Méridien Columbus, The Joseph. Enjoy luxurious and holistic spa services in the comfort and privacy of your own personalised Spa Suite, specifically designed to accommodate spa services.

Upon arrival, guests are greeted by a Spa Coordinator in the Hub of the hotel and personally escorted to a private Spa Suite for a customised spa service. After a consultation with a spa technician, guests are matched with the appropriate, results-driven ESPA product, unique to their treatment and skin type to enhance a service of their choosing in a state-of-the-art Spa Suite.

**Click here to book your
spa appointment or call
+1 614 227 0100.**

LE MERIDIEN COLUMBUS, THE JOSEPH

620 North High Street
Columbus, Ohio
T +1 614 227 0100
lmeridiencolumbus.com

N 39° 97' W 83° 00'

STIMULATE INVIGORATE REJUVENATE

RESERVATIONS

To schedule an appointment or to purchase gift certificates, please contact guest services at + 1 614 227 0100 or visit the Front Desk. All spa treatments will be guaranteed with a credit card. Please schedule your appointment in advance to ensure your preferred time and service is available.

Click here to book your spa appointment.

DAYS OF OPERATION

Thursday - Sunday. Guests must be 18 years of age or older or accompanied by a guardian.

LATE ARRIVAL / CANCELLATION

24-hour notice is required for changes to, or cancellations of, reservations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

Cancellation fees will be waived for anyone experiencing or living with someone who has COVID-19 or flu-like symptoms. Abuse of this policy will impact your ability to book services with us in the future, unless paid for in full prior to the service.

COMMUNICATION

Please communicate openly with your therapist. Prior to the start of your service, tell your therapist about the areas you would like to focus on and any areas to be avoided. During your service, please let the therapist know if you feel any discomfort.

COMMITMENT TO CLEAN

This 'new normal' may evolve and change over time to reflect government guidance and new societal expectations. What will never change, though, is our commitment to keeping hotel associates, guests and customers safe. Our staff and housekeeping teams are committed to the highest cleanliness standards. In the face of this challenge, we have introduced more frequent cleaning intervals and have reviewed and adjusted our operating processes to ensure that we have minimized the opportunity for cross contamination of individuals.

MASSAGE

■ **LE MERIDIEN SIGNATURE TREATMENT** **110 MINUTES \$200.00 + BODY BRUSH**

Our signature full-body massage uses essential oils to penetrate into the bloodstream for a profound effect on mind and body. An aromatherapy expert will help you choose the most effective blend for your specific intention. This treatment also includes a body brush treatment and body polish followed by an aromatherapy bath soak.

TRANQUIL EUROPEAN MASSAGE **50 OR 80 MINUTES \$100.00 / \$135.00**

This classic massage treatment is designed to stretch and re-strengthen muscles encouraging relief from aches and pains. An introductory massage that's great for unwinding.

MUSCLE EASE DEEP TISSUE MASSAGE **50 OR 80 MINUTES \$125.00 / \$155.00**

Powerful bodywork treatment that uses deep tissue techniques to release common discomforts in neck, back, legs and shoulders. The movement is slower and the pressure is deeper and concentrated on areas of tension and pain.

HIGH STREET HOT STONE MASSAGE **50 OR 80 MINUTES \$120.00 / \$155.00**

Full body massage using warm volcanic stones that improve flexibility, increases circulation and reduces pain and stress. This time honored practice brings deep, restorative rest.

PRE-NATAL MASSAGE **50 OR 80 MINUTES \$125.00 / \$145.00**

Soothing body massage specifically designed to suit your individual concerns during or after pregnancy. Enjoy a comforting and soothing experience during this period of change. Focused on areas needed to alleviate muscular aches, whilst helping to relax, restore and revitalise.

*Cannot be performed during 1st trimester

THE SHORT NORTH UPPER-BODY MASSAGE **25 MINUTES \$70.00**

This treatment relieves discomfort in the areas where tension impacts our bodies the most from day to day stress and activities.

ENHANCEMENTS

FOR ADDITIONAL PAMPERING, COMBINE YOUR TREATMENT WITH ANY ONE OF OUR CUSTOMISED OFFERINGS.

SALT & OIL BODY SCRUB

25 MINUTES \$55.00

A skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple.

INVIGORATING FOOT TREATMENT

25 MINUTES \$55.00

Revitalising treatment for tired feet and heavy legs that helps reduce puffiness and soothe aches and pains

BODY BRUSH + POLISH TREATMENT

25 MINUTES \$70.00

Reveal a moisturised layer of fresh, clean and smooth skin. A body brush and polish will exfoliate your skin leaving it feeling fresh, smooth and soft.

LOUNGE + WET ROOM RELAXATION

30 OR 60 MINUTES \$40.00 / \$75.00

Add additional time to your service for a period of relaxation after any treatment. Experience the suite's own custom stone tiled rain shower with eight body sprayers, a heated mosaic chaise longue overlooking the vibrant Short North Arts District or unwind and sit back in the furnished lounge area. *Please note, the suite with the soaking tub cannot be guaranteed.*

