



 **MAYAN**
LUXURY SPA

Facials

MADE TO MEASURE 55 MIN 75€

Designed to be tailor-made for your individual skin needs through blended active serums, masks and aromatic intensive complexes. A skin diagnosis to create your own beauty prescription:

· *Balancing* · *Firming* · *Soothing*

HYDRA EXPRESS 25 MIN 45€

A powerful express skin replenishment treatment ideal for quick and instant results. Immediately refreshes and hydrates the skin, leaving it soft, supple and revitalized.

Mayan Signature Packs

JETLAG CURE 75 | 105 MIN 125€ - 150€

Start by selecting one of our Mayan Massages 50 or 80 minutes to revitalize your body, followed by an Express Facial with Anne Semonin products that revitalizes your skin, allowing you to relax and adapt to the new timeline. Great to jump start your body and fight travelers' insomnia.

THE TOTAL MAYAN EXPERIENCE
90 MIN 170€

An amazing body exfoliation of salt flower to remove dead skin cells and toxins, followed by a massage with anti-aging serum that dissolves the salt and penetrates the skin. Finish with our Made to Measure Facial leaving your skin luminous and rejuvenated.

Mayan Massages

TS'AAL 30 | 50 | 80 MIN
DEEP TISSUE MASSAGE 55€ - 90€ - 125€

Focusing on the deeper layer of muscle tissue to release chronic patterns of tension in the body. Ideal to invigorate your body.

KA'A KUXTAL 40 MIN
JETLAG MASSAGE 65€

Designed to release tension and combat tight muscles. Ideal for recovering from a long trip or tiredness. Helps your body to adapt to the new timeline by relaxing and fights insomnia.

TUUKUL 30 | 50 | 80 MIN
MAYAN HOLISTIC MASSAGE 55€ - 90€ - 125€

Full body relaxing massage combined with botanical oils and serums to reduce stress. A journey starting with the local Mayan Culture's rituals and sounds to re-establish the body's natural balance.

YAAL OOK 30 | 50 MIN
MAYAN REFLEXOLOGY 55€ - 90€

An ancient art of healing and wellbeing connecting and balancing the body's energy channels by stimulating the reflex points on your feet.





Sounds, rituals and traditional Mayan treatments combined with the French exclusive and prestigious luxury cosmetics brand **Anne Semonin**, will make your spa experience unforgettable.

Submerge yourself into the Mayan Culture and let us pamper you...

Mayan Signature Rituals Luxury

CHUUN NAK'

MAYAN ANCIENT RITUAL 60 MIN

110€

Traditional Mayan healing techniques of energy flow, combined with ancient massage methods done with wax of aromatherapy candle create this unique treatment. Focusing on the abdomen, an area which stores and processes many of our human emotions, this massage concentrates on reopening blocked energy paths and releasing negative energies.

MAYAN ENERGY HOT & COLD

STONES 60 MIN

110€

Obsidian Hot Stones imported from Mexico are well known for their heat retaining abilities and for conducting energy. Relieves muscle tension, stimulates circulation and improves joint mobility to balance the energy of your body.

MAYANLUXURY SIGNATURE RITUAL

60 MIN

120€

Total relaxation achieved thru a massage of hot herbal sachets applying special essential oils. This ritual maximizes your senses giving you a total state of wellbeing, leaving your body and soul revitalized, peaceful and balanced. A must...





HOW TO SPA

Opening Hours: Every day from 10 am to 9 pm.

Arrival time: 5 minutes before your appointment.

Spa Etiquette: Please respect all Spa guests' right to privacy and serenity.
The "Mayan Spa Suite" is a mobile phone free zone.

Cancellation Policy: Cancellation within 24 hours will be charged with 50% of the treatment amount. Within 12 hours will incur a 100% charge.
A credit card or room number will be required to secure all bookings.

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RENAISSANCE®

BARCELONA HOTEL

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