

**Marriott**<sup>®</sup>  
TBILISI

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## **PARNAS RESTAURANT**

*Menu*

## Light as Air

**Chilled Seafood Cocktail "Escabeche"** 29.00  
Spicy marinated seafood served  
With light salad & coconut dressing

**Marinated Salmon & Avocado Duo** 27.00  
Tartar of fresh Norwegian salmon served with avocado chutney

**Air Dried Ham & Green Apple Salad** 22.00  
Lettuce leaves, aged Gouda cheese, air dried ham,  
Green apple, hazelnuts & orange dressing

**Warm Salad With Roast Beef and Asparagus** 23.00  
Grilled vegetables & sprouts with roasted beef tenderloin  
And grill homemade dressing

## Earth's bounty

**"Parnas" Salad** 26.00  
Lettuce leaves, smoked Duck meat, poached egg,  
Cherry tomatoes and orange dressing

**French Onion Soup** 12.00

**Mushrooms Cream Soup** 15.00

**Soup of The Day** 12.00  
Ask your server about our daily selection

**Cheese and Frills** 35.00  
Assortment of French cheeses and cold meats

**Delicatessen** 27.00  
Homemade and imported cured cold  
And cured meats, pickles and more...

## Fire & Heat

**Beef Tenderloin Fillet** 34.00  
Tender beef fillet in horseradish marinade,  
Served with grilled vegetables, home made potatoes,  
"Red wine" sauce and balsamic reduction

**Pork Steak "Churrasco"** 25.00  
Special Chef's cut of pork loin with rib,  
Grilled and served with salad greens, fried potatoes.

**Fried Chicken Breast** 23.00  
Stuffed with green asparagus and wrapped in air dried ham,  
Served with grilled vegetables and chili sauce

**Seared Duck Breast** 37.00  
Pan-seared and oven roasted Duck breast,  
Served with potato "Paille" & sauce "D'orange"

**Venison Steak** 48.00  
Grilled deer fillet with wild berries sauce & balsamic  
Reduction served with mushrooms and Potato "Pailli"

## Water born

**Grilled Lobster Tail** 58.00  
Ginger & Lemongrass marinated Lobster tail  
With Wok vegetables, tomato and avocado relish

**Prawns "Provencale"** 33.00  
Six whole tiger prawns marinated and grilled,  
Served with "Provencale" sauce

**Yellow Fin Tuna Fillet in Tempura** 26.00  
Thai marinated Tuna fillet deep fried in tempura butter  
Served with Asian style vegetables, "Tensuyu" sauce  
And balsamic-pomegranate reduction

**Grilled Salmon Fillet** 29.00  
Spicy marinated salmon fillet served  
With Provence sauce and vegetables.

## Accompaniments 7.00

**Vegetable Medley**  
Steamed or sautéed

**Ratatouille**  
French style vegetables

**Basmati Rice**  
Plain or with vegetables

**Potato Party**  
Your choice of: Steak or French fries,  
Mashed or "Aidaho" potatoes

**Extra Sauces & Condiments**  
Additional portion of our signature sauce

If you have any concerns regarding food allergies, please alert your server prior to ordering