



**Mon – Thur      Fri - Sun & Bank Holiday**

**The Carita Experience**

Carita 'Pro-lift' Firming Facial	£89.00	£92.00
Ideal 'Intense' Douceur	£71.00	£74.00
Ideal 'Intense' Hydration	£71.00	£74.00
Ideal 'Intense' Nutrition	£71.00	£74.00
Ideal 'Intense' Control	£71.00	£74.00
Pro-lift Booster	£70.00	£73.00
New Express Carita Eye Treatment	£42.00	£45.00
Carita Mini Facial	£42.00	£45.00

**Carita Body Treatments**

Carita Revitalising Renovateur Body Treatment	£70.00	£73.00
Carita Slimming Pro-lift Body Treatment	£83.00	£86.00
Carita Revitalising Renovateur Back	£42.00	£45.00
Carita Revitalising Renovateur Legs	£42.00	£45.00

**Decléor Aroma Face Programmes**

Essentially Yours – Aromaplastie	£57.00	£60.00
Aroma Expert	£61.00	£64.00
Vital Eyes	£50.00	£53.00
Mini Facial	£33.00	£36.00

**Decléor Aroma Body Programmes**

Aroma Massage	£58.00	£62.00
Aroma Envelopment	£62.00	£65.00
Perfect Contour Treatment	£62.00	£65.00
Sumptuous Mother-to-be Treatment	£62.00	£65.00
Back 'Cleanse & Scrub	£38.00	£41.00
'Legs & Feet'	£38.00	£41.00
'Body Polish'	£37.00	£40.00
Aroma Sun Programme	£60.00	£63.00

## Massage

'Stress Buster'	£62.00	£65.00
'Vital Energy' Treatment	£55.00	£58.00
'Aromatherapy' Full Body Massage	£55.00	£58.00
'Aromatherapy' Back, Neck & Shoulder Massage	£35.00	£38.00
'Swedish' Full Body Massage	£40.00	£43.00
'Swedish' Back, Neck & Shoulder Massage	£29.00	£31.00
'Swedish' Leg Massage	£29.00	£31.00
'Reflexology'	£36.00	£39.00
'Scalp' Massage	£25.00	£28.00
'Indian Head' Massage	£25.00	£28.00

## Thai - Style Massage

Full Body Massage including Facial Massage	£87.00	£90.00
Full Body Massage	£73.00	£75.00
Back Neck & Shoulder Massage	£46.00	£49.00
Facial Massage	£36.00	£39.00

## The Men's Room

Aromatherapy 'Skin Fitness Essential' Facial	£57.00	£60.00
Aromatherapy 'Skin Fitness Expert' Facial	£61.00	£64.00
Executive Back, Face & Scalp Treatment	£61.00	£64.00
Executive Back Scrub	£32.00	£35.00
Executive Manicure	£26.00	£29.00
Executive Pedicure	£30.00	£33.00

## Waxing

Chest	£18.00	£21.00
Back	£18.00	£21.00
Eyebrows	£13.00	£18.00

## St Tropez

St Tropez Tan Application	£60.00	£63.00
St Tropez Body Polish & Protect	£30.00	£33.00
St Tropez Legs	£30.00	£33.00
St Tropez Face Decolete & Arms	£30.00	£33.00

### **Jessica Nails**

Standard Manicure	£30.00	£33.00
Luxury Manicure – uses heated mitts	£33.00	£36.00
Le Remedi	£20.00	£23.00
Standard Zen-Spa Pedicure	£33.00	£36.00
Luxury Pedicure – uses heated mitts	£38.00	£40.00
Mini Manicure / Mini Pedicure	£13.00	£16.00

### **+File & Paint**

French Polish Application	£5.00	£5.00
Add to any of the above – Nail Art (per nail)	£1.00	£1.00

### **Geleration**

Geleration Overlay Manicure	£62.00	£65.00
Geleration File & Polish	£36.00	£39.00
Geleration Refresh	£26.00	£29.00
Geleration Refresh & Polish	£28.00	£31.00
Geleration Removal	£35.00	£38.00

### **Additional Treatments**

Day & Evening Make-up	£31.00	£34.00
Bridal – Including trial	£57.00	£60.00
Call out charge	£15.00	£15.00
Hopi Ear Candles	£41.00	£44.00

### **Waxing**

Full Leg & Bikini Line	£36.00	£39.00
Full Leg	£29.00	£32.00
Three Quarter Leg	£25.00	£28.00
Half Leg	£21.00	£24.00
Forearm	£21.00	£24.00
Under Arm	£13.00	£16.00
Bikini Line	£13.00	£16.00
Lip or Chin	£9.00	£12.00
Lip & Chin	£13.00	£16.00
Eyebrow	£13.00	£16.00

### **Eyes**

Eye-lash Tinting	£15.00	£18.00
Eye Brow Tint	£9.00	£12.00
Lash & Brow Tint	£19.00	£22.00
Eye-lash Perming	£35.00	£38.00

## **Pamper Days**

Emerald	£157.00	£160.00
Ruby	£123.00	£140.00
Amethyst	£133.00	£140.00
Topaz	£76.00	£79.00
Executive 1	£174.00	£175.00
Executive 2	£110.00	£113.00

To make your booking please call The Retreat on 01329 836 830.

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