



# Spa Son Antem Menu

Spa Extension 4019  
English



**Hydrating Intelligence Facial**                      60 Min.                      75 €  
Hydrating facial designed to give your face that much needed life. Results are visible from the first moment. The skin will recover its full flexibility and comfort.

**Facial Peeling Resurfacing**                      60 Min.                      75 €  
Inspired by medicine, leaving a bright and soft facial complexion. Excellent for preparing your face for future treatments. Also highly recommended for Men.

**Anti-aging and firming  
Collogen Facial**                      75 Min.                      105 €  
Cosmeceutical Treatment combining various components and formulas of high state of the art Skin technology with the original methods of Sothys. Resulting in the reduction of wrinkles and tensing of the skin's surface.

**Active Eye Contours Facial**                      30 Min.                      50 €  
Specifically designed for those problem eye areas. Excellent for reducing wrinkles and eliminating bags and dark areas.

**Rebalancing Facial**                      60 Min.                      75 €  
A re-balancing facial treatment, specifically designed for greasy skin, or skin types in need of a deep cleansing / special attention.

**Re-firming and Slimming  
Body Treatment**                      75 Min.                      90 €  
An Anti-Cellulite and Body Firming wrap. By increasing the body temperature, perspiration speeds up weight-loss efficiency. Using the healing properties of essential oils and sea algae.

**SWEDISH** 30/60/90 Min. 50/85/110 €  
Classical Massage, with medium pressure adaptable to your needs.

**AROMATHERAPY** 60/90 Min. 95/115 €  
A soft and relaxing massage. Choose from a variety of Aromatic Massage Oils.

**DEEP TISSUE** 45 Min. 85 €  
A strong massage, especially beneficial for concentrating on muscle aches and tensions.

**LOMI LOMI** 60/90 Min. 95/115 €  
The Traditional Hawaiian massage. A sensational massage using sweet warm oil with Soft to Medium pressure strokes.

**THAI YOGA** 60 Min. 99 €  
A traditional Thai Massage. Wearing comfortable clothing on a Tatami bed, the therapist will combine varying massage pressures and slow stretching exercises to suit your personal body needs.

**UDVARTANA** 90 Min. 125 €  
A traditional and purifying Ayurvedic treatment. Beginning with a full body exfoliation with oils, spices and herbs, followed by a Steam Suana and concluded with a hot oil Abhyanga massage.

**SPA ANTISTRESS** 75 Min. 99 €  
Beginning with a full body exfoliation of rich sea algae salt and oil, followed by a hot mud wrap and finished with a relaxing back and shoulder massage with aromatic oils.

**TROPICAL EXPERIENCE** 60 Min. 75 €  
Nourish and soften dry skin with this full face and body coconut and sugar exfoliation. Followed by a milk and coconut body wrap, finishing with a hydrating moisturiser leaving your body with a tropical aromatic essence.

**SPA FUSION** 60 Min. 85 €  
Combine any exfoliation and full body wrap of your choice followed by a full body moisturiser. See our seasonal offerings.

**SON ANTEM RITUAL** 75 Min. 99 €  
Exclusive to Spa Son Antem. A wealth of Massage Techniques: Thai Yoga, Lomi Lomi, Shiatsu, Foot Reflexology and Aromatherapy, beautifully and articulately joined together in a harmonious massage experience which is not to be missed. The perfect ritual to re-balance your body and soul.

**THE PERFECT 2** 90 Min. 120 €  
Swedish Massage or Son Antem Express Facial - Can't decide? then take them both, indulge in double the relaxation in the same treatment.

**HEAD TO TOES** 60 Min. 85 €  
A Swedish massage of the back, neck and shoulders, unified with the healing effects of a Foot reflexology treatment. Excellent for reducing stress and increasing relaxation.

**INDIAN HEAD** 45 Min. 75 €  
A traditional massage of the shoulders, neck, scalp & face using hot oils. Designed to eliminate stress, headaches and insomnia.

**BODY STONE** 60 Min. 105 €  
A relaxing ritual using volcanic stones to pressure and heat muscle layers and energy points of the body. Through the use of aromatic oil, there is an instant stimulation of blood circulation to relieve accumulated tension.

**PRECIOUS TIME TOGETHER** 60 Min. 120 €  
Enjoy together in our VIP Couples Suite a 30 minute Swedish massage, followed by a luxurious aromatherapy bath ritual with a serving of fresh fruit and juice.

**HEART & SOUL** 90 Min. 199 €  
Enjoy together in our VIP Couples Suite a relaxing full body 60 minute Aromatherapy massage, followed by a luxurious aromatherapy bath ritual with a serving of fresh fruit and juice.

**COUPLES DELUXE** 120 Min. 280 €  
Take time to indulge yourselves in our VIP Couples Suite. Enjoy a 60 minute Aromatherapy massage followed by a 30 minute Son Antem Express. Conclude this pure bliss ritual with an aromatic hydrotherapy bath, served with fresh fruit and juice. (Cava is available on advance request).

## GENERAL

Please enquire at Spa Reception should you require any Therapeutic Massages; Physiotherapy, Osteopathy or Sports.

Seasonal Collections are also available. Please enquire at Spa Reception for more details.

## SPA ETIQUETTE

Spa menu: We offer incredible 2 to 6 hours packages and à la carte Massages, Body treatments, Facials, Reflexology and Beauty cares. Please do not hesitate to ask should you wish to create your own preference.

Check in: Please check in at the spa reception at least 20 minutes prior to your scheduled appointment to ensure you receive the maximum treatment time and to complete our health questionnaire.

Special Consideration: Guests who have any medical complications are advised to consult a doctor before signing up for a treatment. Please make sure our spa receptionists are aware of any medical conditions that could cause complications.

Privacy: Your privacy will be respected at all times. You shall be left in total privacy whilst changing and shall be discretely covered throughout the treatment. To ensure your comfort during each treatment, a therapist will ask you to leave your underwear on or provide disposable underwear for certain treatments.

Valuables: We recommend that no jewellery be worn at the spa.

Cancellation Policy: Please ensure a minimum of 4 hours notice or (100%) of the value of treatments reserved will be charged to your account/room.



Revitalizing and Nutricional  
Body Treatment                      75 Min.              95 €  
Inspired by ancient japonese traditions. This treatment provides the much needed nutrition to the skin while leaving your body with an asian aromatic essence of cherry blossom. Accompanied by an invigorating body exfoliation and foot massage.

Excellence Sothys Secret              120 Min.              175 €  
This Holistic face and body ritual with it's anti-ageing and anti-stress remedies is guaranteed to re-balance the beauty and essence of body, soul and mind.

#### Beauty Hands & Feet

Spa Manicure	45 Min.	55 €
Spa Pedicure	60 Min.	70 €
Spa Manicure & Pedicure	90 Min.	105 €

Waxing services available upon request.  
Please ask for prices.

