

Local Jogging Trails

TRAIL 1 - Park Montsouris



A place of legends where the giant Isoire was supposed to have confronted Guillaume d'Aquitaine. At the end of the XVIIIth century, the labyrinthine subsoil inherited from the Montrouge mines, were transformed into catacombs. A vast formal park, developed during the Second Empire, was part of a plan thought up by Napoléon III and Baron Haussmann to give the capital large green areas at its four cardinal points.

How to get there: make a right on Rue de la Santé (2nd street after the hotel on the right), after 10 minutes walking, you will arrive.

Opening times: 8am to 8:30pm

Distance from hotel: 1.7km / 1.0 miles



"This course has proven to be a favourite course of past guests. Although we provide a map for your convenience, we assume no responsibility for injury or damage that may occur while utilizing the route."

TRAIL 2 – Luxembourg Gardens



The Luxembourg Garden is a 224,500 m² public park and the largest in the city located in the 6th *arrondissement* of Paris. It is the garden of the French Senate. The palace and gardens were built by architect Salomon de Brosse for Marie de Medici from 1615 to 1627. The garden is an oasis of calm. Children play with miniature boats on the little ponds and there are various statues and sculptures.

How to get there: Make a left out of the hotel, continue to Denfert Rochereau Square. Turn right and simply keep following the Denfert Rochereau Avenue. The main garden gate will be just in front of you.

Opening times: 7:30am to 8:30pm

Distance from hotel: 3km / 1.8 miles

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