

BREAKFAST BUFFET	\$250
SPORTS BUFFET	\$225
CONTINENTAL BUFFET	\$205

BREAKFAST A LA CARTE

SCRAMBLED EGGS WITH "MACHACA" (MEXICAN DRIED BEEF) SERVED WITH FLOUR TORTILLAS AND REFRIED BEANS	\$120
GREEN OR RED CHILAQUILES THE MOST POPULAR MEXICAN BREAKFAST DISH! FRIED TORTILLA CHIPS TOPPED WITH GREEN OR RED SAUCE, CHICKEN, CHEESE, SOUR CREAM AND ONIONS	\$115
ENCHILADAS POTOSINAS CORN TORTILLAS FILLED WITH PANELA CHEESE, TOPPED WITH GUAJILLO CHILI SAUCE AND SOUR CREAM	\$120
ARRACHERA (FLANK STEAK) SERVED WITH REFRIED BEANS, GUACAMOLE, MEXICAN SAUCE AND CORN TORTILLAS	\$140
BENEDICTINE EGGS TWO POACHED EGGS ON A HOMEMADE ENGLISH MUFFIN WITH CANADIAN BACON GLAZED WITH HOLLANDAISE SAUCE	\$140
EGGS RANCHERO STYLE FRIED AND SERVED OVER CORN TORTILLA WITH TRADITIONAL RED SAUCE	\$115
EGGS "POBLANO" STYLE FRIED AND SERVED OVER GRILLED PANELA CHEESE TOPPED WITH CREAMY POBLANO CHILI CORN SAUCE, SERVED WITH CORN TORTILLAS.	\$125
EGGS "VERACRUZ" STYLE MEXICAN STYLE SCRAMBLED EGG TACOS IN HOMEMADE FLOUR TORTILLAS, TOPPED WITH BEAN SAUCE AND FRIED CHORIZO	\$120
FRENCH TOAST ACCOMPANIED WITH FRUIT COMPOTE	\$105
PANCAKES OR WAFFLES WITH A SELECTION OF SEASONAL FRUITS	\$105

OMELETTE & EGGS A LA CARTE

ALL OMELETTES ARE AVAILABLE WITH EGG WHITES IF PREFERRED, SERVED WITH HASHBROWN POTATOES AND TOAST

MUSHROOM AND MOZZARELLA CHEESE OMELETTE	\$125
VEGETARIAN OMELETTE	\$125
SALMON OMELETTE	\$130
PORTOBELLO, CHIVES AND GOAT CHEESE OMELETTE	\$125
MAKE YOUR OMELETTE	\$130
EGGS ANY STYLE	\$120

FROM OUR BAKERY

BASKET OF ASSORTED PASTRIES	\$ 45
BAGEL SERVED WITH CREAM CHEESE	\$ 70

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BREAKFAST

BREAKFAST INCLUDES COFFEE OR TEA, AND CHOICE OF FRESH JUICE

CONTINENTAL SLICED FRESH FRUIT AND ASSORTED PASTRIES	\$130
THE HEALTHY START SLICED FRESH FRUIT WITH COTTAGE CHEESE OR YOGURT AND WHOLE WHEAT TOAST	\$145
AMERICAN TWO EGGS ANY STYLE, BREAKFAST POTATOES, BACON, HAM OR SAUSAGES OF YOUR CHOICE AND TOAST	\$155
MEXICAN SCRAMBLED EGGS WITH TOMATO, ONION AND CHILI, SERVED WITH REFRIED BEANS AND CORN TORTILLAS	\$155

THE HEALTHY BREAKFAST (Low Fat) HOT OATMEAL WITH SKIM MILK AND WHEAT TOAST 1045 CALORIES	\$100
SMOKED SALMON PLATE CAPERS, DICED RED ONION, HARD BOILED EGG 319 CALORIES	\$140
FRIITTATA EGG WHITES WITH SPINACH, MUSHROOMS, GRILLED TOMATOES 156 CALORIES	\$135

SIDE ORDERS

° HOT OATMEAL PREPARED WITH WATER OR MILK	\$ 60
° SEASONAL SLICED FRUIT PLATE	\$ 85
° NATURAL OR FLAVORED YOGHURT	\$ 40
° CHOICE OF CEREAL WITH FRUIT	\$ 70
° TOAST	\$ 40
° HAM, BACON OR SAUSAGE	\$ 45
° HASHBROWN POTATOES	\$ 40

FRESH JUICE

ENERGY ORANGE - BANANA - GUAVA - APPLE - HONEY	\$ 50
DIET PINEAPPLE - CACTUS - CELERY - ORANGE - PARSLEY	\$ 50
HEALTHY ORANGE - GRAPEFRUIT - PINEAPPLE - LEMON	\$ 50
REFRESH BEETS - CARROTS - PINEAPPLE - LEMON	\$ 50

ASK FOR OUR JUICE OF THE DAY

ALL OF OUR PRICES INCLUDE TAX