

## Leisure Club Opening Times

Monday – Sunday  
06:00 am – 11:00 pm

## GYM Equipment

- Free Weights
- Running Machines (3)
- Bikes (2)
- Cross Trainers (2)
- Rowing Machines (1)
- Stepper (1)
- Leg Curl (1)
- Dual Axis rower/rear pull (1)
- Leg Extension (1)
- Over Head Press (1)
- Lat Pull Dawns (1)
- Chest Press (1)
- Stomach Cruncher (1)
- Swiss Balls
- TVs (4)

