

If you are going to make more than three journeys in a day on public transport then we would suggest you buy a Travel Card. Travel Cards can be used on all the Tube, the DLR and busses (except tour buses).

Day Travel Cards				
	Adult		Child	
	Peak	Off Peak	Peak	Off Peak
Zones 1-2	£ 6.80	£ 5.60	£ 3.60	-
Zones 1-3	£ 8.60	-	£ 4.30	-
Zones 1-4	£ 10.00	£ 6.30	£ 5.00	-
Zones 1-5	£ 12.60	-	£ 6.30	-
Zones 1-6	£ 14.80	£ 7.50	£ 7.40	£ 2.00
Zones 2-6	£ 9.00	£ 5.10	£ 4.60	-

3 Day Travel Cards				
	Adult		Child	
	Peak	Off Peak	Peak	Off Peak
Zones 1-2	£ 18.40	-	£ 9.20	-
Zones 1-6	£ 42.40	£ 20.00	£ 21.20	£ 6.00



Access note:  
The tube is not great for people with certain access needs. See the Concierge before heading out

### Going to the Airport?

There are a few ways to get to Heathrow, Gatwick or Stansted Airports.

Typically trains take 15 minutes to Heathrow (from Paddington), 35 minutes to Gatwick (from Victoria) and just under 45 minutes to Stansted Airport (from Liverpool Street). Prices start at £16.50 but ask us at the Concierge for more information.

If you have a lot of luggage or for ease, a Hotel Car to Heathrow starts at around £65 & going Gatwick is around £125. The charge goes onto your Hotel bill. We need about 4 hours notice but we always advise you book as soon as possible.

The local hotel area is perfectly safe to walk around but always follow basic safety guidelines.

The London Marriott Hotel, Park Lane  
140 Park Lane, London. W1K 7AA

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All information is personal opinions and may not reflect the opinion of Marriott International or the Hotel.

All prices are believed to be correct but we accept no liability for any errors or omissions.

Always check with the Concierge as some attractions / venues may be closed or have limited access / have changed prices since publication.

# Welcome to London

**London Marriott Park Lane**  
140 Park Lane  
London W1K 7AA  
Tel: 0207 493 7000  
Fax: 0207 493 8333



On behalf of everyone at the Hotel, the Concierge Team wish you a warm welcome to London. This guide has been put together to help you plan your time in one of the World's largest, oldest and we think best Capital Cities!

We have chosen a mixture of the 'must sees' as well some hidden treasures to help you experience London to the full!

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## The Guides...



Accessible



Child Friendly



Photo Spot



Romantic



Fitness



Food & Drink



Shopping

## Nearest...

Cash Machine (ATM)	Walk out of the Hotel and turn left. The 'Halifax' Bank has the nearest ATM and is 100 metres on your right.
Chemist (Pharmacy)	Bliss Pharmacy. Turn right out of the Hotel. Turn right again and cross the road at the Traffic Lights. Bliss is just past McDonalds on the right.
Supermarket	Sainsbury's. Follow the directions for the Chemist. Sainsbury's is just past Bliss Pharmacy.
Underground Station	Marble Arch is the nearest Underground Station. Turn right when leaving the Hotel and right again on Park Lane. The station is 50 meters in front of you.
Hospital	St Mary's Hospital. 5-10 minutes taxi ride or bus 36 from Park Lane going North.
Doctor	The hotel has an arrangement with Doctor Call who will send a doctor out to the hotel with-in two hours. Alternatively there is a private practise based on North Audley Street, a five minute walk from the hotel.
Printers	PIP Printing is located on North Row. If you turn left out of the Hotel and you will find it after 2 blocks on the right.
Department Store	Selfridges is located on Oxford Street. Turn Left when leaving the Hotel then take the first left on Park Street and the first right onto Oxford Street. It is on the left.
Bookshop	Waterstones. Turn Left when leaving the Hotel then take the first left on Park Street and the first right onto Oxford Street. It is on the right.
Cinema	Turn right out of the Hotel and right again on Park Lane then turn left on Oxford Street where you will see it on your right.
Park	Hyde Park. Turn right when leaving the Hotel then take a left on Park Lane. You will see a subway tunnel just beyond the bus stop which will take you safely across Park Lane.
Coffee Shop	Starbucks is located on North Audley Street which is left out of the Hotel and turn right after two blocks into North Audley Street, it is on the right.

## Outside London...

It is easy forget that London is just a tiny part of the United Kingdom. If you have time, why not visit Oxford or Cambridge, two of England's Most historic and famous cities



### Oxford

A visit to Oxford is unique. Oxford is Britain's oldest seat of learning. A city where dreams have been made and lessons learnt for over 800 years.

The sheer beauty of the city's colleges and riverside setting; national and international treasures, displayed in a 'family' of museums whose scope and scholarship is second to none; literary links and stunning film and TV locations; idyllic days by the river; shops with real character; music and drama ranging from candlelit evensong in college chapels to Shakespeare in the park. These and other popular ingredients blend with Oxford's lively mix of restaurants, cafés, pubs and theatres to give this historic city its alluring vibrant and cosmopolitan buzz.

Oxford has over 36 colleges, the oldest being University College (1249)

Getting to Oxford takes just over an hour by train and trains run from early in the morning until about 11pm at night.

### Cambridge



Cambridge and the surrounding area hold an unrivalled reputation for being a centre of excellence both in learning and ambience. The name Cambridge instantly summons breathtaking images - the Backs carpeted with spring flowers, King's College Chapel, punting on the river Cam and of course the calm of the historic college buildings plus a wide range of attractions, museums, hotels, restaurants and public houses. Situated in the heart of East Anglia, this historic city is well served by rail, airports, motorways and dual carriageways, giving easy access to London, the Midlands and the South East.

Cambridge, with its winding streets and splendid architecture has plenty to offer any time of the year. It is ideal for a day trip The perfect destination for relaxing, punting on the river Cam, shopping, wine tasting or simply unwinding in a village pub - some of the pleasures to be sampled. Cambridge still has the atmosphere of a bustling market town, in spite of its international reputation, and this can be sampled on a walking tour with a specialist Blue Badge Guide.

Getting to Cambridge takes just under 90 minutes by train and trains run from early in the morning until about 11pm at night.

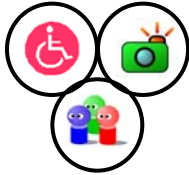
## Tours of London

There are so many ways that you can explore London. If you are new to the city or fancy a guided touch, here are our top recommendations!

### Hop on Hop Off tours

Probably the most popular way to see London. Tickets are valid for 24 hours and the tour buses (with commentary) go to every major highlight of London. Most include a free River Cruise which is a great way to carry on your tour. Hop on and off where you want and take in the sights!

Price: Prices start at £19 for an adult ticket. Come and see us at the Concierge desk to buy your tickets or to get more information!



### Coach Tours

A great way to go sightseeing either around London or many other Cities around England. The more popular tours are Stonehenge, Bath and Salisbury or the Stratford, Oxford and Warwick Castle.

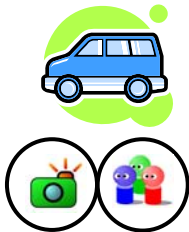
All coaches are state of the art and air conditioned with blue badge guides.



### Private Car Tours

A more personal way of seeing London or sights around the UK is to go by private guide. You will have your own car and blue badge guide who will tailor a tour to your requirements.

Translators can be arranged.



Prefer to use your feet? There are many walking tours of London, or you can grab a map and just go! See us at the Concierge desk for more information.

### London Eye

The most popular attraction in London. The worlds biggest Ferris Wheel. The journey takes thirty minutes and gives you wonderful views of London. Each capsule holds sixteen people.

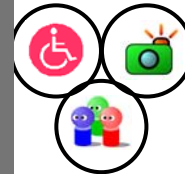
## Top Attractions

The most popular attractions in London

### The British Museum

Founded in 1753 by an Act of Parliament, the British Museum is one of the great museums of the world. Specialising in the works of man from prehistoric to modern times with collections from the whole of the world. Free to the world since 1753, the British Museum houses one of the greatest collections of human cultural history.

Whether you're coming to see real-life legends like the Rosetta Stone and Easter Island statue, or iconic objects such as the earliest known image of Christ you will find this museum utterly fascinating.



Cost: Free (certain exhibitions may have a fee)  
Address: Great Russell Street, London WC1B 3DG  
Tube: Tottenham Court Road or Holborn

### Buckingham Palace / Changing of the Guard

The History of Buckingham Palace began in 1702 when the Duke of Buckingham had it built as his London home. Various changes were made and the first Monarch to officially use it as a London residence was Queen Victoria in 1837. Now it is the official London residence of Her Majesty Queen Elizabeth II as it has been by all Sovereigns since Queen Victoria.

During summer months, the doors are opened to the breathtaking Official State Rooms where you can see paintings by Rembrandt, Rubens and Canaletto.

Changing of the Guard takes place daily at 11.30am from April until the end of July and on alternate days for the rest of the year (the British Weather permitting). To watch this display of pageantry arrive no later than 10.30am or you may not see the whole event.



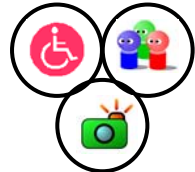
Access Note:  
There are large crowds at Changing of The Guard

Cost: Free for Changing of the Guard. Family tickets to visit the State Rooms are around £35 / £40  
Address: Great Russell Street, London WC1B 3DG  
Tube: Victoria, St James Park's or Victoria

## More Top Attractions

### The Cabinet War Rooms & Churchill Museum

The underground headquarters used by Winston Churchill and the British Government during World War II. Located in the heart of ceremonial London, visitors can view a complex of 21 historic rooms including the Cabinet Room, the Transatlantic Telephone Room and the Map Room. The Cabinet War Rooms have now been merged with the Churchill Museum and you can see both exactly as they were when history was shaped within them.



Cost: Adult £12 / Children under 16 free  
Address: Clive Steps, King Charles Street, London SW1A 2AQ  
Tube: Westminster

### Royal Observatory at Greenwich

The Museum of time and space, built by Sir Christopher Wren in 1675, and the site of the Greenwich Meridian. This is the base point for world time and the site of Longitude 0 where you can watch the famous 'time ball' drop daily at 1pm. Greenwich, England defines both time and place for the whole world. All time is measured relative to Greenwich Mean Time (GMT) and all places have a latitude (their distance North or South of the Equator) and a longitude (their distance East or West of the Greenwich Meridian) So whether you are flying an aircraft, sailing a ship or just planning to meet up using your GPS remember that is measured from Greenwich, England!

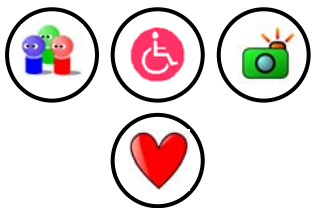


Note: There are specific rules about taking photographs. More information is available at the Royal Observatory.

Cost: Free but some exhibits may have an entrance fee  
Address: Greenwich Park  
Tube: Cutty Sark (DLR)

### Hampton Court Palace

The Greatest Palace in Britain is the home to stunning State Apartments, 6 individual tours, costumed guides and 60 acres of spectacular riverside gardens including the world famous Maze.



Cost: Family tickets are under £40.  
Address: East Molesey, Surrey, KT8 9AU  
Train: Hampton Court (from London Waterloo)

## Places of Worship

We have listed the most asked for places of Worship. If your place of Worship is not shown, please ask us at the Concierge Desk.

Baptist	Bloomsbury Central Church 235 Shaftesbury Avenue, WC2H 8EP Tube: Tottenham Court Road
Church of England	St. Martin-in-the-Fields Trafalgar Square, London WC2N 4JJ Tube: Charing Cross
	St Paul's Cathedral Ludgate Hill, EC4M 8AD Tube: St. Paul's
	Westminster Abbey Westminster, SW1P 3PA Tube: Westminster
Jehovah Witness	The Kingdom Hall 11 Monmouth Road, W2 Tube: Bayswater
Jewish	West End Great Synagogue 32 Great Cumberland Place, W1H 7DJ Tube: Marble Arch
Methodist	Methodist Central Hall 1 Storey's Gate, SW1H 9NH. Tube: St James' Park or Westminster
Mormon	Church of Jesus Christ of Latter-day Saints 64 Exhibition Road, SW7 2DD Tube: South Kensington
Muslim	Central Mosque (also known as Regents Park Mosque). Park Road, Regents Park, NW8 7RG Tube: Baker Street
Roman Catholic	Farm Street Church 114 Mount Street, London, W1K 3AH Tube: Bond Street
	Westminster Cathedral 42 Francis Street, London, SW1P 1QW Tube: Westminster



Access Note: Once again we have tried to choose places of Worship that are suitable for people with Access needs. Please see the Concierge before you go for more information or assistance.

### La Genova

An old school Italian restaurant frequented by a diverse crowd of loyal clientele including Tom Jones, Boris Becker and the Duchess of Kent. The waiters are loud and clearly enjoy their job and have been there almost as long as the owner who meets and greets the regulars of forty years.

Very popular and usually requires a reservation.

### Tamangang

Park Lane meets Phuket at this fashionable Asian restaurant situated below the hotel. The restaurant is full of Asian trinkets and candles where an exotic ambience is further engendered by low lighting. The food is very tasty, and expensive. Dishes include soft shell crab, tuna tartare with Beluga Caviar. It is not a place for purists but everything is well executed and brought to the table with the most beaming of smiles. Another highlight is the bar serving some truly wonderful cocktails.

### Truc Vert

This small and simple looking deli-cum-restaurant offers unpretentious Continental/Australasian cuisine. Always booked up for lunch with the business crowd and the local residents. In the evening they move the tables around a bit so there is more room to enjoy your meal.

Moderately priced with a weekly changing menu.

### Best for kids?

#### 'Ask'

Have hungry mouths to feed or fancy something relaxed and not too pricey? 'Ask' is less than 5 minutes walk from the Hotel and the food is simple pastas and good pizzas. The service is a bit sleepy but it just adds to the charm.

Come out of the Hotel, turn left (down North Row) and 'Ask' is on the first right. Enjoy!

### Hyde Park

Hyde Park is one of London's finest historic landscapes covering 142 hectares (350 acres). There is something for everyone in Hyde Park. With over 4,000 trees, a lake, a meadow, horse rides and more it is easy to forget you're in the middle of London.

King Henry VIII first acquired the park from the Monks of Westminster Abbey in 1536, however it was not until 1367 when Charles I opened the Park for free public access.

If you are visiting the Park on a Sunday, make sure to check out Speakers Corner, which is the cradle of free speech. Found in the north east end of Hyde Park, the best times are 11am to 2pm on a Sunday.

In the middle of Hyde Park is a huge boating lake where you can hire simple row boats and relax as time passes you by. There are plenty of places to buy ice cream if the weather is good.

The Diana, Princess of Wales memorial fountain is also found in Hyde Park and is a tranquil haven in the park. Other activities in Hyde Park include rollerblading, rowing, wildlife watching, horse riding, eating out, playgrounds, running and acres of space to relax.

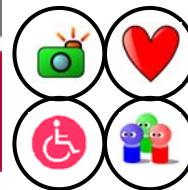


Cost: Free (Just 5 minutes from the Hotel)  
Address: Hyde Park, London. W1  
Tube: Marble Arch or Hyde Park Corner

### The Imperial War Museum

The original location of the Imperial War Museum was the Crystal Palace, located at the top of Sydenham Hill. The museum was founded there in 1917 to commemorate those who died during the First World War. When that building burnt down on November 30 1936 a new location had to be found, they settled on a building in Lambeth, London, England (Lambeth Road, London, SE1 6HZ, United Kingdom). The building was originally a psychiatric hospital called Bethlem Royal Hospital, located in St. George's Fields.

The museum features a collection of military vehicles, weapons, war memorabilia, a library, a photographic archive, and an art collection.



Cost: Free (certain exhibits may have a fee)  
Address: Lambeth Road, London SE1 6HZ  
Tube: Lambeth North or Waterloo

## More Top Attractions

### Museum of London

The museum traces the growth of London through from the first hunter-gatherers of 400,000 years ago, Roman settlement in 50 AD, to the city of the present day. Reconstructed street scenes and interiors are mixed with displays of original domestic items and items found in the museum's archaeological excavations.

Cost: Free (certain exhibits may have a fee)  
 Address: 150 London Wall, London EC2  
 Tube: Barbican or St Paul's

### The National Gallery

The National Gallery, London houses one of the greatest collections of European painting in the world. These pictures belong to the public and entrance to see them is free. over 2,300 pictures dating from 1250 onwards. The collection includes all the major European schools of painting and masterpieces by many great artists.

Cost: Free (certain exhibits may have a fee)  
 Address: Trafalgar Square, London WC2N 5DN  
 Tube: Charing Cross / Embankment or Leicester Square

### The Natural History Museum

One of the worlds finest and largest museums of natural history with hundreds of exhibits, many interactive, ranging from the volcano experience to the dinosaurs exhibition. Creepy-Crawlies exhibition, blue whale, earths treasury, dinosaurs etc. Our tip is join a guided tours of the Museum. Don't miss the Central Hall, with its Victorian architecture and Dinosaur skeleton!

Cost: Free (certain exhibits may have a fee)  
 Address: Cromwell Road, London, SW7 5BD  
 Tube: South Kensington

### The Science Museum

The Science Museum holds the world's largest and most significant collection illustrating the history and contemporary practice of science, technology, medicine and industry. This museum is great for kids or anyone who likes to get hands on with Science

Cost: Free (certain exhibits may have a fee)  
 Address: 25 Exhibition Road, London, SW7 2DD  
 Tube: South Kensington

## Local Restaurants

Hungry? London has some of the best places to eat in the World. There are several excellent restaurants within walking distance from the Hotel. We have listed just a few. Come and see us at the Concierge for many more recommendations.

### 140 Park Lane



AA Rosette awarded restaurant of true culinary brilliance. The kitchen is almost entirely open to the dining room, offering a full view of the chefs at work. A gutsy menu offering a wide and varied menu of both old favourites and 'soon to be favourites.' The water menu is thought to be the largest in London alongside a concise wine list, while service is supremely solicitous

### Princess Garden

This famous Chinese restaurant is a five minute walk from the hotel. It is high end and has recently been refurbished to more modern and contemporary surroundings. The service is fast as are the dishes, the most popular being the crispy duck which is known as being some of the best in London.

This is always a busy restaurant with the local businesses and always advisable to ask the Concierge to make a reservation.

### La Porte des Indes

Owned by the number one Thai restaurant Blue Elephant this Indian Restaurant does not let the side down. It is based in the basement and belies the size of the restaurant with its sixty foot waterfall and almost jungle like assortment of plants.

The food also has a massive variety and is a good place to experiment with what is now known as our national cuisine.

## Theatre Shows

Our pick of what is currently playing!

### Billy Elliot

Based on the film of the same name this is a stirring story of a young boy from North England who dreams of dancing but has to convince his father that it is a choice worthy of a man. The music is by Elton John. This is one of the most popular shows currently in the West End and for good reason. Be aware there is occasionally some swearing.

### Wicked

The story is loosely based on the novel *Wicked*, a re-imagining of the classic story *The Wonderful Wizard of Oz* from the perspective of the witches of Oz. The majority of the production is set prior to Dorothy's arrival in a fantasy world of wizardry and witchcraft.

### Dirty Dancing

This script hasn't strayed far from the film version and provides a great night out of pure entertainment. There are many Hen Parties present but this just adds to the general atmosphere with people dancing in the aisles.

There is some good choreography and already broke records of the fastest selling show.

### Spamalot

A story loosely based on the Monty Python film of a Quest for the Holy Grail.

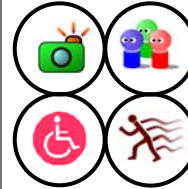
Tim Curry plays the lead of this very funny musical. It contains all the great costumes and set pieces and even has the infamous fight of the Black Knight. It doesn't take itself too seriously but after great success on Broadway it is continuing its form on the West End.

## More Top Attractions

### Somerset House

A thriving cultural centre for London - a place for enjoyment, refreshment, arts and learning. This magnificent 18th century building houses the celebrated collections of the Courtauld Institute of Art, Gilbert Collection and Hermitage Rooms. You'll also find gift shops, cafés, a restaurant and the spectacular Edmond J. Safra Fountain Court. In the winter months, visit the now famous ice rink too!

Cost: Adult tickets around £5. Children free. Ice skating is charged separately  
Address: Strand, London WC2R 1LA  
Tube: Temple



### The Tate Modern

Tate Modern is Britain's national museum of Modern Art. Housed in the former Bankside Power Station, on the banks of the River Thames, the gallery displays the world famous Tate collection of international modern and contemporary art, including major works by Matisse, Picasso and Rothko and contemporary work by artists such as Matthew Barney, Chris Ofili and Gerhard Richter.

Cost: Free (certain exhibits may have a fee)  
Address: Trafalgar Square, London WC2N 5DN  
Tube: Southwark



### Victoria & Albert Museum (V&A)

V&A South Kensington is the world's greatest museum of art and design, with collections unrivalled in their scope and diversity. Discover 3000 years' worth of amazing artefacts from many of the world's richest cultures including ceramics, furniture, fashion, glass, jewellery, metalwork, photographs, sculpture, textiles and paintings.

Cost: Free (certain exhibits may have a fee)  
Address: Cromwell Road, London, SW7 2RL  
Tube: South Kensington



### The Tower of London

Founded nearly a millennium ago and expanded upon over the centuries since, the Tower of London has protected, housed, imprisoned and been for many the last sight they saw on Earth. It has been the seat of British government and the living quarters of monarchs. The site of renown political intrigue, and the repository of the Crown Jewels. It has housed lions, bears, and (to this day) flightless ravens, not to mention notorious traitors and framed members of court, lords and ministers, clergymen and knights.

Cost: Free (certain exhibits may have a fee)  
Address: 14 Trinity Court, London, EC3N 4AA  
Tube: Tower Hill



## Shopping

What else could we put centre page other than shopping! London has the biggest and the best stores as well as the intimate boutiques that excel in personal service and high quality. We have listed the most popular shopping areas / stores as well as some hidden gems. Please ask us at the Concierge for more help before you step out!



Access note. Where possible we have tried to list stores that are welcoming and have facilities for people with access needs. However, please do ask the Concierge before heading out.

### Camden Market

Camden Market, held every weekend is a 'must see'. Virtually everything is on sale here from clothing, antiques, collectibles, music, art, furniture/furnishings as well as a host of vendors selling every kind of food and drink. More recently it has become a haven for new fashion designers.

Tube: Camden Town

### Chelsea

Head off to the West of Sloane Square down the manically busy King's Road, which cuts right through the heart of Chelsea and ending up several miles downstream in Fulham (as the New King's Road). Chelsea is home to antiques as much as boutiques, and though many of the shops (top end high street) are small versions of outlets in the West End it still has a finger on the pulse when it comes to designer stores, with the added bonus of being more laid-back than feel than rival areas.

Tube: Sloane Square

### Covent Garden

Shopping in Covent Garden is exciting. Some of the things you can buy there, you can't get anywhere else. Although rent is higher here than anywhere else in London, quite often the shops and markets sell at low profit margins to compete to sell some of the choicest quality things available anywhere. You can get bargains and rarities - not just in the Piazza. There are enough genuine boutiques and proper coffee shops left to make it still the most visited place in England. (next to the Lake District they say in the North).

Tube: Covent Garden / Leicester Square

### Fortnum & Mason

Fortnum & Mason, often shortened to just "Fortnum's", is a department store situated in Piccadilly, London and established in 1707 by William Fortnum and Hugh Mason. Its fame rests almost entirely on its upmarket food hall, though only one of its several floors is devoted to food. It is also the location of the celebrated tea shop. It's Royal connections go back to 1761, when William Fortnum's grandson Charles went into the service of Queen Charlotte the royal affiliation led to an increase in business.

Tube: Piccadilly Circus / Green Park

### Harrods

Harrods is probably the most famous store in the whole World. An upmarket department store on Brompton Road in Knightsbridge, London, England, the store occupies a 4.5 acre site and has over 1 million square feet (over 92,000 square metres) of selling space.

The Harrods motto is *Omnia Omnibus Ubique - All Things, For All People, Everywhere*. Several of its departments, including the seasonal Christmas department and Food Hall are world famous for the abundance and quality of goods on offer. The nearest tube station to the flagship store is Knightsbridge on the fashionable street of that name, so Harrods called itself "Harrods of Knightsbridge", and effectively expanded Knightsbridge to include itself.

Tube: Knightsbridge

### Selfridges

Based in the longest Shopping Street in Europe. The Concierges favourite shop for a number of reasons. It covers everything from key cutting to a Vera Wang wedding dress. It is a little unfair to call Selfridges a shop as it seems so much more. Inside you will find the latest clothes from the top designers. It has a great audio visual section and one of the best cigar selections in London.

There are a number of restaurants located here and a great patisserie which is just next to Jane Packer the designer Florist.

Tube: Bond Street