





Start your journey by exiting the hotel's main entrance.

Turn right and walk along Aspen Way until you find a foot bridge covered by glass. Walk over the bridge to the other side of Aspen Way and you will find Poplar station. Take the DLR from Poplar station to Custom House for Excel.

The journey time is 15 minutes.

These directions are for informational purposes only and we offer no guarantee of their completeness or accuracy. Construction projects, traffic, or other events may cause actual conditions to differ from these results. Jogging courses offered have proven to be a favorite of past guests, we assume no responsibility for injury or damage while utilizing the course.

