

# Make the most of your vacation

February 2012

	Kids Activities (4 -12)	Teen Activities (13 – 18)	Adult Activities (19+)	Family Activities (All ages)
SUNDAY	09.30 to 10.30 <b>Batik Painting*</b> 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 Island Head Wreath Making* 13.00 to 14.30 Kids Movie* 15.00 to 15.45 Kids Thai Language* 16.00 to 16.45 Fancy Crown Making* 17.00 to 18.00 Fish Feeding and Fishing!!!	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Pilates on the Mat* 11.10 to 12.00 Animal Towel Folding* 14.10 to 15.00 <b>Sand Candle Making / Family Activities *</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 16.00 to 17.00 Teen Tennis Mixer	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Pilates on the Mat* 10.10 to 11.00 Ab & Full Body Stretch* 11.10 to 12.00 Animal Towel Folding* 12.10 to 13.00 Thai Spot Massage Introduction* 14.10 to 15.00 <b>Sand Candle Making / Family Activities *</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Salsa Dance Introduction (Beginner)*	14.10 to 15.00 <b>Family Sand Candle Making*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>
MONDAY	09.30 to 10.30 <b>Fan/Umbrella Painting*</b> 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 Picture Frame Creation* 13.00 to 14.30 Kids Movie* 13.30 to 14.30 Fan/Umbrella Painting* (Continue session from morning hours) 15.00 to 15.45 Nature Print Art* 16.00 to 16.45 Bingo Game* 17.00 to 18.00 Photo Scavenger Hunt*	09.10 to 10.00 Gentle Yoga (Beginner)* 11.10 to 12.00 Thai Dancing* 14.10 to 16.00 <b>Batik Sarong Painting*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 <b>Muay Thai Boxing Class*</b> 17.10 to 18.00 Social Beach Soccer	08.10 to 09.00 Thai Meditation Intro* 09.10 to 10.00 Gentle Yoga (Beginner)* 10.10 to 11.00 Yogilates (The combination of Yoga & Pilates)* 11.10 to 12.00 Thai Dancing* 14.10 to 16.00 <b>Batik Sarong Painting*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 <b>Muay Thai Boxing Class*</b> 17.10 to 18.00 Social Beach Soccer	15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>  08.00 to 13.00 <b>Thai Cooking Class at Ginja Cook*</b> 15.00 to 18.00 <b>Cook your own Thai dinner at Ginja Cook*</b>
TUESDAY	09.30 to 10.30 <b>Sand Candle Making*</b> 10.00 to 11.00 <b>Circus Training**</b> 10.00 to 11.00 Scuba Ranger Intro** 11.00 to 11.45 Simple Science Experiment* 13.00 to 14.30 Kids Movie* 13.30 to 15.45 Face Painting* 16.00 to 16.45 Animal Towel Folding* 17.00 to 18.00 Mini Olympic 19.00 to 21.00 Movie Night*	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Ashtanga Yoga (Experienced only)* 11.10 to 12.00 Thai Language* 13.00 to 14.00 Thai Dessert Making / Family Activities* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 16.10 to 18.00 <b>Sunset Bike Tour (Experienced only)</b> 16.00 to 18.00 Diving Intro**	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Ashtanga Yoga (Experienced only)* 10.10 to 11.00 Pilates with the Ball* 11.10 to 12.00 Thai Language* 13.00 to 14.00 Thai Dessert Making / Family Activities* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Vacation Yoga (Beginner)* 16.10 to 18.00 <b>Sunset Bike Tour (Experienced only)</b> 16.00 to 18.00 Diving Intro**	13.00 to 14.00 Family Thai Dessert Making* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>  08.00 to 13.00 <b>Thai Cooking Class at Ginja Cook*</b> 15.00 to 18.00 <b>Cook your own Thai dinner at Ginja Cook*</b>
WEDNESDAY	09.30 to 10.30 <b>Batik Painting*</b> 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 Little Artist* 13.00 to 14.30 Kids Movie* 13.30 to 14.30 Cartoon Character Design* 15.00 to 16.00 Hair Braiding & Temporary Tattoo* 16.15 to 16.45 Kids Yoga* 17.00 to 18.00 Fish Feeding and Fishing!!!	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Pilates on the Mat* 10.30 to 11.30 Snorkeling Introduction / Family Activities 11.10 to 12.00 Activities Introduction & Property Walk 14.10 to 15.00 <b>T-Shirt Batik Painting / Family Activities*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Muay Thai Boxing Introduction	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Pilates on the Mat* 10.10 to 11.00 Iron Yoga* 10.30 to 11.30 Snorkeling Introduction / Family Activities 11.10 to 12.00 Activities Introduction & Property Walk 14.10 to 15.00 <b>T-Shirt Batik Painting / Family Activities*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Muay Thai Boxing Introduction* 16.00 to 17.00 JW Social Tennis 17.10 to 18.00 Yogilates (The combination of Yoga & Pilates)*	10.30 to 11.30 Family Snorkeling Introduction 11.10 to 12.00 Family Activities Introduction & Property Walk 14.10 to 15.00 <b>Family T-Shirt Batik Painting*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>  08.00 to 13.00 <b>Thai Cooking Class at Ginja Cook*</b> 15.00 to 18.00 <b>Cook your own Thai dinner at Ginja Cook*</b>

THURSDAY	09.30 to 10.30 <b>Sea Shell Wind Chime*</b> 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 Wrist Band Creation* 13.00 to 14.30 Kids Movie* 13.30 to 14.30 Finger Print Card* 15.00 to 15.45 Animal Towel Folding* 16.00 to 16.45 Kite Flying 17.00 to 18.00 <b>Pirate Treasure Hunt*</b>	08.10 to 09.00 Tai Chi Introduction* 09.10 to 10.00 Gentle Yoga (Beginner)* 11.10 to 12.00 Animal Towel Folding* 14.10 to 16.00 <b>Batik Sarong Painting*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 16.30 to 17.30 Social Water Polo (in the Main Pool)	08.10 to 09.00 Tai Chi Introduction* 09.10 to 10.00 Gentle Yoga (Beginner)* 10.10 to 11.00 Ashtanga Yoga (Experienced only)* 11.10 to 12.00 Animal Towel Folding* 12.10 to 13.00 Thai Massage Introduction* 14.10 to 16.00 <b>Batik Sarong Painting*</b> 15.00 to 16.00 Pilates on the Mat* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 16.30 to 17.30 Social Water Polo (in the Main Pool)	15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>  08.00 to 13.00 <b>Thai Cooking Class at Ginja Cook*</b> 15.00 to 18.00 <b>Cook your own Thai dinner at Ginja Cook*</b>
FRIDAY	09.30 to 10.30 Kids Thai Dessert Making* 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 Simple Science Experiment* 13.00 to 14.30 Kids Movie* 13.30 to 14.30 Bag Creation* 15.00 to 15.45 Thai Dancing* 16.00 to 16.45 Hair Braiding & Temporary Tattoo* 17.00 to 18.00 Water Pistol Fighting	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Yogilates (The combination of Yoga & Pilates)* 10.10 to 11.00 Water Tai Chi (in the North Pool) 14.10 to 15.00 Thai Leaf Origami* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Muay Thai Boxing Introduction* 16.00 to 18.00 Diving Intro**	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Yogilates (The combination of Yoga & Pilates)* 10.10 to 11.00 Water Tai Chi (in the North Pool) 11.10 to 12.00 Thai Culture Introduction* 14.10 to 15.00 Thai Leaf Origami* 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Muay Thai Boxing Introduction* 16.00 to 18.00 Diving Intro** 17.10 to 18.00 Vacation Yoga (Beginner)*	15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>  08.00 to 13.00 <b>Thai Cooking Class at Ginja Cook*</b> 15.00 to 18.00 <b>Cook your own Thai dinner at Ginja Cook*</b>
SATURDAY	09.30 to 10.30 Cookie Making* 10.00 to 11.00 <b>Circus Training**</b> 11.00 to 11.45 <b>Picture Frame Paining*</b> 13.00 to 14.30 Kids Movie* 13.30 to 14.30 Cartoon Character Design* 15.00 to 16.45 Face Painting* 17.00 to 18.00 Organic Farming	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Water Aerobic (in the South Pool) 11.10 to 12.00 Activities Introduction & Property Walk 14.10 to 15.00 <b>T-Shirt Batik Painting / Family Activities*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 16.10 to 18.00 <b>Sunset Bike Tour</b> (Experienced only)	08.10 to 09.00 Gentle Yoga (Beginner)* 09.10 to 10.00 Water Aerobic (in the South Pool) 10.10 to 11.00 Power Yoga(Experienced only)* 11.10 to 12.00 Activities Introduction & Property Walk 14.10 to 15.00 <b>T-Shirt Batik Painting / Family Activities*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b> 15.10 to 16.00 Vacation Boot camp 16.10 to 18.00 <b>Sunset Bike Tour</b> (Experienced only)	11.10 to 12.00 Family Activities Introduction & Property Walk* 14.10 to 15.00 <b>Family T-Shirt Batik Painting*</b> 15.00 to 18.00 <b>Learn to Fly Trapeze** (3 classes)</b>

- Advance reservation for all activities is required. Please contact Kids Pavilion ext. 3600 or Health Club ext. 3703, 3704.
- To reserve Ginja Cook classes, please contact the Restaurant Reservation Desk or call ext. 3748
- For our little guests, lunch is available upon request with a charge from 12:00 to 13:00
- Activities in Bold carry a charge. Activities with an \* are also available on rainy days.
- Activities with \*\* are organized by Third Party Vendor and may carry a charge.