

# DALMAHOY

A MARRIOTT® HOTEL & COUNTRY CLUB

## A Brief History of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7<sup>th</sup> Duchess of Bedford is said to have complained of “having that sinking feeling” during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast and dinner at around 8 o'clock in the evening. The solution for the duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon. Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for “tea and a walk in the fields.” Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it to the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.



The Douglas Lounge, a perfect setting for Afternoon Tea

## Traditional Afternoon Tea at The Dalmahoy.

(Served Daily from 2pm until 5pm)

Choose from a selection of traditional and fruit teas and specialist coffees

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Finger Sandwiches including

Fort William smoked salmon,  
Crowdi cheese  
Saltwater prawns, cocktail  
sauce  
Roast Chicken, lemon  
mayonnaise  
Mull Cheddar, pickle and salad

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Our Pastry Chef's Cakes

Banana cake  
Vanilla cream meringue  
Fruit scone  
Strawberry tartlet  
Chocolate crème brulee

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**Price per Adult      £11.95**

**Price per Child      £ 6.50**

**(Under 12)**

Add some sparkle to your afternoon tea, and have it served with a glass of Piper Heidseck Champagne  
£19.95