

Decleor Aroma Expert Facials

Aroma massage facial

approx 40 mins

An indulgent treatment, for those who want to be relaxed and pampered. Decleor devotes its own massage to soothe and relax your skin, helping to melt away tension, inducing a feeling of utter relaxation.

Aroma Plastie Facial

approx 50 mins

Suitable for all skin types

This helps derive the maximum benefit from aromatherapy. The mask is 100% natural multi-active treatment.

Aroma Soothe Facial

approx 50 mins

Suitable for sensitive skin

The soothe facial soothes and relaxes the most sensitive skin. A specific treatment that will decongest, smooth and refresh the skin. A peace offering to the most vulnerable skin types.

Aroma Nourish Facial

approx 50 mins

Suitable for dehydrated & dry skin types

The delicious skin mask treats the driest of skins. It restores the skins moisture levels, leaving a feeling of comfort and suppleness. Fine lines and wrinkles are smoothed away.

Aroma Purify Facial

approx 50 mins

Suitable for oily & combination skin types.

This treatment leaves the skin fresh, matt and visibly radiant. The highly concentrated ingredients help to reduce sebum production.

Vital Eyes

approx 45 mins

Suitable for all skin types.

A relaxing, unwinding treatment, helping to combat bags and dark circles. It drains and removes puffiness, softening the eye contour, eliminating all traces of tiredness.



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Murad facials

Resurgence Renewal Facial

approx 75 mins

Suitable for mature skins

With this treatment you will see an immediate and dramatic change in your skin with increased firmness, a youthful glow, reduction of fine lines and wrinkles and a multi layer skin hydration

Environmental Shield Facial

approx 60 mins

Not suitable for sensitive skins

Scientifically proven infusion technology delivers the most powerful formulation of pure vitamin c directly into the skin to repair and prevent environmental damage. It achieves maximum skin clarity by improving skin texture, elasticity, hydration and reversing hyper-pigmentation.

AHA Rapid Exfoliation Facial

approx 60 mins

Not suitable for sensitive skins

This deep cleansing facial helps provide maximum exfoliation and encourages cell turnover. It improves the skins texture, tone and appearance great for individuals wanting to diminish fine lines and wrinkles to reveal a more vibrant, smoother, younger looking skin.

Decleor Body Treatments

Spa Mosaic Envelopment treatment **approx 75 mins**

(Add a mini facial for an extra £15)

Detox- Exfoliation, massage and marine algae mask rich in minerals help to drain away toxins and eliminate water retention, producing increased energy and smooth, soft even skin.

Relax- after a gentle exfoliation, a warm aromatic massage balm is smoothed over the entire body followed by a sumptuous creamy mask. As you lie on a heated blanket the balm gently permeates the body and produces a profound and long lasting sense of well being.

Body silk **approx 50 mins**

A luxurious full body exfoliation to gently lift dull, dry skin followed by a back massage and a application of body moisturiser leaving skin silky smooth.

Mother to be treatment **approx 50 mins**

This specialised treatment focuses on preventing the appearance of stretch marks, reducing water retention, restoring comfort to aching legs and rebalancing complexion problems.

You are safe to have treatments from 3 months right up until your due date.

Aroma back relief **approx 30 mins**

Relax while stress and tension is eased away to instantly relieve and revive. Starting with a gentle exfoliation of the back followed by a relaxing back massage and moisturise.



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Massage

Full Body Massage

approx 50 mins

This treatment uses Swedish techniques to relax the body. It is ideal for those who want to relax the muscles and nourish the skin.

Back, Neck & Shoulder

approx 25 mins

A Swedish massage for those areas of the back that hold all the stress of everyday living.

Hot Stones Back, Neck & Shoulder

approx 30 mins

Hot Stones Full Body Massage

approx 50 mins

Using heated basalt stones from river beds for their smooth texture. This massage uses the heat to relax the muscles, followed by specialist massage techniques to complete the experience.

Indian Head massage

approx 40 mins

This massage is based on ayurvedic system of healing which has been practiced in India for over a thousand years. It includes massage of the head, face, neck and shoulders for a relaxing and relieving stress.

Thai Massage Full Body Massage

approx 50 mins

This unique treatment form Thailand uses warm poultice bags to massage and exfoliate the skin. The blend of herbs and spices encased in the muslin bags will open the pores to allow the properties to relax the muscles on a deeper level. Then each area is massage with specialist massage techniques to completely relax the mind and body.

Treatments for Men

Stress Buster

Executive Manicure

Executive Pedicure

Nail treatments

GELeration Sculpted Manicure

Includes hand exfoliation, massage & cuticle care with a full set of GELeration sculpted nails finished with Jessica's GELeration gel polish

GELeration Gel Overlay Manicure

Includes hand exfoliation, massage, cuticle care, nail shape and Finished with Jessica's GELeration gel polish

GELeration Refresh Manicure with Coloured Gel

A refresh of the cuticles and a coat of your existing GELeration gel polishes to make your GELeration manicure Lasts even longer

ZenSpa Pedicure with GELeration

Choose from either Calming Green Tea, Energising Ginger or Revitalising Citrus for this luxurious foot and leg treatment. Hard skin is removed, feet and legs are massaged with Conditioning creams. Cuticles are groomed, toe nails are shaped And finished with Jessica's GELeration gel polish

Luxury Manicure

Standard Manicure

Luxury Pedicure

Standard Pedicure

Additional £6 for French polish with all of the above.



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Waxing

Full Leg & Bikini Line
Full Leg
Half Leg & Bikini Line
Half Leg
Underarm
Bikini Line (knicker line area)
Lip, Chin or Eyebrow
Back or Chest
Brazilian/Hollywood

Eye Treatments

Tint test must be performed 24 hours prior to all tinting

Eye-lash Tint
Eyebrow Tint
Lash & Brow Tint
Eyebrow Shape
Make-over
Make up Lessons
(£10 redeemable against product purchases)

St Tropez

Full body fake tan
Half Body fake tan only available Mon-Thurs
Dark loose clothing and flip flops are recommended.

Spa Packages

St Pierre, A Marriott Hotel & Country Club
01291 635 208

Mini Pamper

Mini Manicure
Mini Pedicure
Back Massage or Mini Facial

Mon-Thurs
Fri-Sun

Detox

Mini Facial
Spa Mosaic
Mini Manicure
Mini Pedicure

Mon-Thurs
Fri-Sun

Luxury

Full Body Massage
Vital Eye Treatment
Luxury Manicure

Mon-Thurs
Fri-Sun

Top 2 Toe

Full Body Massage
Aroma Massage Facial
Mini Pedicure
Mini Manicure

Mon-Thurs
Fri- Sun

Indulgence

Full Body Massage
Aroma Massage Facial
Jessica Manicure
Jessica Pedicure

Mon-Thurs
Fri-Sun

Mum to Be

Decleor Mother to be treatment
Mini Pedicure
Mini Manicure

Mon-Thurs
Fri-Sun

Weekday Special

Back Massage
Mini Facial
File and polish on hands or feet

Mon and Tues only

All pamper day packages include use of the leisure facilities and a light lunch in the Zest Restaurant.